

Leave Before You Love Me (P)

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 0 级数: Novice Oartner
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音乐: Leave Before You Love Me - Marshmello & Jonas Brothers



Start : In Sweetheart position. The man's and lady's steps are opposite except if indicated.
Intro: 16 counts, start on word "Calling".

[1-8] M : WALK, WALK, SHUFFLE FWD, STEP, PIVOT 1/4 TURN R, CROSS SHUFFLE

[1-8] L : WALK, WALK, SHUFFLE FWD, STEP, PIVOT 1/4 TURN L, CROSS SHUFFLE

1-2 M : Walk forward with R,L

 L : Walk forward with L,R

3&4 M : Shuffle forward with R,L,R

 L : Shuffle forward with L,R,L

5-6 M : Step L forward, pivot 1/4 turn to right

 L : Step R forward, pivot 1/4 turn to left

*** On count 5, the man raises both R hands over the lady's head.

*** You are now in Double Hand Cross position, man facing O.L.O.D and lady facing I.L.O.D

7&8 M : Cross shuffle to right with L,R,L

 L : Cross shuffle to left with R,L,R

[9-16] M : SIDE, TOGETHER, COASTER STEP, SIDE, CROSS, 1/4 TURN L and SHUFFLE FWD

[9-16] L : SIDE, TOGETHER, COASTER STEP, 1/4 TURN R, 1/2 TURN R, 1/2 TURN R and SHUFFLE FWD

1-2 M : Step R to right side, step L together R

 L : Step L to left side, step R together L

3&4 M : Step R back, step L together R, step R forward

 L : Step L back, step R together L, step L forward

5-6 M : Step L to left side, cross step R behind L

 L : 1/4 turn to right and step R forward, 1/2 turn to right and step L back

*** On count 5, the man let go both L hands and raises both R hands over the lady's head.

7&8 M : 1/4 turn to left and shuffle forward with L,R,L

 L : 1/2 turn to right and shuffle forward with R,L,R

*** You are now in Sweetheart position.

[17-24] M : WALK, WALK, KICK-BALL-STEP, 1/4 TURN R, 1/4 TURN R, SAILOR STEP

[17-24] L : WALK, WALK, KICK-BALL-STEP, 1/4 TURN L, 1/4 TURN L, SAILOR STEP

1-2 M : Walk forward with R,L

 L : Walk forward with L,R

3&4 M : Kick R forward, ball R together L, step L forward

 L : Kick L forward, ball L together R, step R forward

5-6 M : 1/4 turn to right and cross step R over L, 1/4 turn to right and step L back

 L : 1/4 turn to left and cross step L over R, 1/4 turn to left and step R back

*** On count 5, the man raises both R hands over the lady's head.

*** You are now in Double Hand Cross position, the man facing R.L.O.D.

7&8 M : Cross step R behind L, step L to left side, step R forward

 L : Cross step L behind R, step R to right side, step L forward

[25-32] M : STEP, PIVOT 1/4 TURN R, SHUFFLE FWD, MAMBO in 1/4 TURN R, 1/4 TURN R CHASSÉ to L

[25-32] L : STEP, PIVOT 1/4 TURN L, SHUFFLE FWD, MAMBO in 1/4 TURN L, 1/4 TURN L, CHASSÉ to R

1-2 M : Step L forward, pivot 1/4 turn to right

 L : Step R forward, pivot 1/4 turn to left

*** On count 1, let go the hands.

3&4 M : Shuffle forward with L,R,L
L : Shuffle forward with R,L,R

5&6 M : Rock step R forward, recover on L, 1/4 turn to right and step R forward
L : Rock step L forward, recover on R, 1/4 turn to left and step L forward

7&8 M : 1/4 turn to right and chassé to left with L,R,L
L : 1/4 turn to left and chassé to right with R,L,R

***** On count 8, you are now in Double Hand Cross position, R hands on top, man facing O.L.O.D, lady facing I..L.O.D**

[33-40] M : SIDE, TOUCH, 1/4 TURN L and SHUFFLE FWD, WALK, WALK, SHUFFLE FWD
[33-40] L : SIDE, TOUCH, 1/4 TURN R and SHUFFLE FWD, 1/2 TURN R, 1/2 TURN R, SHUFFLE FWD

1-2 M : Step R to right side, point L together R
L : Step L to left side, point R together L

3&4 M : 1/4 turn to left and shuffle forward with L,R,L
L : 1/4 turn to right and shuffle forward with R,L,R

***** You are now in Volkswagen position face L.O.D.**

5-6 M : Walk forward with R,L
L : 1/2 turn to right and step L back, 1/2 turn to right and step R forward

***** On count 5, the man let go both L hands and raises both R hands over the lady's head.**

***** You are now in Sweetheart position facing L.O.D.**

7&8 M : Shuffle forward with R,L,R
L : Shuffle forward with L,R,L

[41-48] M : 1/4 TURN R, 1/2 TURN R, TRIPLE STEP, ROCK SIDE in 1/4 TURN L, SHUFFLE FWD
[41-48] L : 1/4 TURN L, 1/2 TURN L, TRIPLE STEP, ROCK SIDE in 1/4 TURN R, SHUFFLE FWD

1-2 M : 1/4 turn to right and step L forward, 1/2 turn to right and step R back
L : 1/4 turn to left and step R forward, 1/2 turn to left and step L back

***** On count 1, the man lower both L hands and raises both R hands over the lady's head.**

***** On count 2, the man lower both R hands and raises both L hands over his head.**

Position Double Hand Cross, man facing I.L.O.D. and lady facing O.L.O.D.

3&4 M : Triple step on place with L,R,L
L : Triple step on place with R,L,R

5-6 M : Rock R to right side, 1/4 turn to left and recover on L
L : Rock L to left side, 1/4 turn to right and recover on R

***** You are now in Volkswagen position, facing R.L.O.D.**

7&8 M : Shuffle forward with R,L,R
L : Shuffle forward with L,R,L

[49-56] M : STEP, PIVOT 1/2 TURN R, SHUFFLE FWD, CROSS, STEP, SHUFFLE FWD
[49-56] L : STEP, PIVOT 1/2 TURN L, SHUFFLE FWD, CROSS, 1/2 TURN L, 1/2 TURN L and SHUFFLE FWD

1-2 M : Step L forward, pivot 1/2 turn to right
L : Step R forward, pivot 1/2 turn to left

***** You are now in Reverse Volkswagen position facing L.O.D.**

3&4 M : Shuffle forward with L,R,L
L : Shuffle forward with R,L,R

5-6 M : Cross step R over L, step L forward
L : Cross step L over R, 1/2 turn to left and step R back

***** On count 5, the man let go both L hands and raises Both R hands over the lady's head.**

7&8 M : Shuffle forward with R,L,R
L : 1/2 turn to left and shuffle forward with L,R,L

***** You are now in Sweetheart position facing L.O.D.**

[57-64] M : 2X (CROSS, POINT), STEP, TOUCH TOGETHER, KICK-BALL-STEP
[57-64] L : 2X (CROSS, POINT), STEP, TOUCH TOGETHER, KICK-BALL-STEP

1-2 M : Cross step L over R, point R to right side

3-4 L : Cross step R over L, point L to left side
M : Cross step R over L, point L to left side
L : Cross step L over R, point R to right side
5-6 M : Step L forward, point R together L
L : Step R forward, point L together R
7&8 M : Kick R forward, ball R together L, step L forward
L : Kick L forward, ball L together R, step R forward

Restart from beginning...

HAVE FUN !

NANCY & GUY, SUZANNE & MARC
