

Carolina Cajun Dance (캐롤라이나 케이준 댄스)

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver
编舞者: Vicki Blocker (USA), Nancy Rogers (USA), Maggie McDonough (USA), Dick Rogers (USA), Duane Blocker (USA) & Jasper Becker (USA) - September 2021
音乐: 10 To A 2 - Jamie Bergeron & The Kickin' Cajuns
或: Cajun Dance - Robert Mizzell



Other Music: Cajun Dance (Robert Mizzell) [194 bpm]

Note: No tags or restarts.

Starting Position: Weight on LF facing 12:00 wall.

[1-8] CAJUN HIPS

1-2 Step RF diagonal FWD R and bump hips R (1), bump hips back to L (2)
3-4 Bump hips FWD R (3), hold (4)
5-6 Step LF diagonal FWD L and bump hips L (5), bump hips back to R (6)
7-8 Bump hips FWD L (7), hold (8)

[9-16] SALSA, COASTER

1-2 Rock FWD on RF (1), recover weight back on LF (2)
3-4 Step back on RF (3), hold (4)
5-6 Step back on LF (5), step RF beside LF (6)
7-8 Step LF FWD (7), hold (8)

[17-24] K-STEP

1-2 Step RF diagonal FWD R (1), touch toe of LF beside RF (2)
3-4 Step LF diagonal back L (3), touch toe of RF beside LF (4)
5-6 Step RF diagonal back R (5), touch toe of LF beside RF (6)
7-8 Step LF diagonal FWD L (7), touch toe of RF next to LF (8)

[25-32] MAMBO R, TURNING MAMBO L

1-2 Rock to R on RF (1), recover on LF (2)
3-4 Step RF beside LF (3), hold (4)
5-6 Rock to L on LF (5), recover weight to toe of RF (6)
7-8 Pivot ¼ R on toe of RF and step LF to L (7), hold (8)

[33-40] SAILOR STEPS

1-2 Swing RF behind LF (1), step LF beside RF (2)
3-4 Fall step to R on RF (3), hold (4)
5-6 Swing LF behind RF (5), step RF beside LF (6)
7-8 Fall step to L on LF (7), hold (8)

[41-48] ALLIGATOR CROSSING

1-2 Step RF FWD (1), hold (2)
3-4 Pivot ½ L and transfer weight to LF (3), hold (4)
5-6 Step RF FWD (5), hold (6)
7-8 Pivot ½ L and transfer weight to LF (7), hold (8)

Arms styling: Form a sideways V with arms straightened and at face level in front of body. One arm is above the other arm. Upper palm facing down and lower palm facing up. Bring palms apart on beats 1,3,5,7, and together on 2,4,6,8, in an alligator chomping motion. For variety, try doing chicken wings or crab claws.

START OVER

Contact: wildwoodlabs at gmail dot com

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