

Gotta Break Free

COPPERKNOB
BYEPOSTETS

拍数: 48 墙数: 2 级数: Improver
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音乐: I Want to Break Free (Glee Cast Version) - Glee Cast : (Queen Cover)



Intro : 16 cts / 2 TAGS, 1 RESTART

Sect 1 CROSS ROCK, RECOVER, SIDE CHASSE

1 - 2 Cross rock R over L - recover on L
3 & 4 R to side - L beside R - R to side
5 - 6 Cross rock L over R - recover on R
7 & 8 L to side - R beside L - L to side

Sect 2 CROSS FORWARD, SIDE TOUCH, CROSS BACK, SIDE TOUCH

1 - 4 Cross R over L - touch L to side - cross L over R - touch R to side
5 - 8 R cross behind L - touch L to side - L cross behind R - touch L to side
(*Restart here on wall 6)

Sect 3 BACK ROCK, FORWARD SHUFFLE, FWD ROCK, ¼ LEFT SIDE CHASSE

1 - 2 R rock back - recover on L
3 & 4 R forward - L beside R - R forward
5 - 6 L rock forward - recover on R
7 & 8 ¼ turn left step L to side - R beside L - L to side (9.00)

Sect 4 CROSS ROCK, SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK

1 - 2 R rock over L - recover on L
3 - 4 R rock to side - recover on L
5 & 6 R behind L - L to side - R over L
7 - 8 L rock to side - recover on R

Sect 5 CROSS ROCK, SIDE ROCK, BEHIND SIDE CROSS, SIDE ROCK ¼ TURN LEFT

1 - 2 L rock over R - recover on R
3 - 4 L rock to side - recover on R
5 & 6 L behind R - R to side - L over R
7 - 8 R rock to side - ¼ turn left recover on L (6.00)

Sect 6 FORWARD, ½ TURN, COASTER STEP

1 - 2 R forward - ½ turn right step L back (12.00)
3 & 4 R back - L beside R - R forward
5 - 6 L forward - ½ turn left step R back ...(6.00)
7 & 8 L back - R beside L - L forward

*TAG 1 (8 cts) after wall 1

ROCKING CHAIR, STOMP AND HOLD (FREE STYLE)

1 - 4 R rock forward - recover on L - R rock back - recover on L
5 - 8 Stomp R to side - hold 3 counts (free style)

*TAG 2 (4 cts) after wall 3

1 - 4 Stomp R to side - hold 3 counts (free style)

*RESTART : on wall 6 after 16 counts.

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