

No Heartbreak

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Graham Woodcock (UK) - September 2021
音乐: Heartbreak Anthem - Galantis, David Guetta & Little Mix



#16 Count intro

S1: Side, Behind, Scissor Step, Side, Behind, Scissor Step

1-2 Step Right to Right side, Step Left behind Right
3&4 Step Right to Right side, Close Left next to Right, Cross Right over Left
5-6 Step Left to Left side, Step Right behind Left
7&8 Step Left to Left side, Close Right next to Left, Cross Left over Right

S2: Side Rock, Behind, Turn 1/4 Left, Forward Rock, Sweep Back Sweep Back

1-2 Rock Right out to Right side, Recover weight on Left
3-4 Cross Right behind Left, Turn 1/4 Left stepping Left forward (9)
5-6 Rock forward on Right, Recover weight on Left
7 Sweeping Right from front to back stepping back on Right
8 Sweeping Left from front to back stepping back on Left

S3: Turn 1/4 Right, Touch, Turn 1/4 Left, Scuff, Turn 1/4 Left, Touch, Scissor Step

1-2 Turn 1/4 Right stepping Right to Right side, Touch Left next to Right (12.00)
3-4 Turn 1/4 Left stepping Left forward, Scuff Right forward (9.00)
5-6 Turn 1/4 Left stepping Right to Right side, Touch Left next to Right (6.00)
7&8 Step Left to Left side, Close Right next to Left, Cross Left over Right

S4: 2x 1/4 Turn Right, Sailor Step, Unwind Full Turn Left, Side Rock

1-2 Turn 1/4 Right stepping Right forward, Turn 1/4 Right stepping Left to Left side (12.00)
3&4 Cross Right behind Left, Step Left beside Right, Step Right beside Left
5-6 Touch Left behind Right, Unwind Full Turn Left (weight on Left)
7-8 Rock Right out to Right side, Recover weight on Left

Restart here on Wall 3 facing (12.00)

S5: Chasse Right, Back Rock, Chasse Left, 1/4 Turn Right, Back Rock

1&2 Step Right to Right side, Close Left beside Right, Step Right to Right side
3-4 Rock back on Left, Recover weight on Right
5&6 Step Left to Left side, Close Right beside Left, Step Left to Left side
7-8 Turn 1/4 Right Rocking back on Right, Recover weight on Left (3.00)

S6: Forward Rock, 2x 1/2 Turn Right, Shuffle 1/2 Turn Right, Step, Hold

1-2 Rock forward on Right, Recover weight on Left
3-4 Turn 1/2 Right stepping Right forward (9.00), Turn 1/2 Right stepping Left back (3.00)
5&6 Shuffle 1/2 Turn Right stepping Right, Left, Right (9.00)
7-8 Step forward on Left, Hold

S7: Point Forward, Kick, Sailor Step, Point Forward, Kick, Sailor 1/2 Turn Left

1-2 Point Right forward, Kick Right to Right side
3&4 Cross Right behind Left, Step Left beside Right, Step Right beside Left
5-6 Point Left forward, Kick Left out to Left side
7&8 Turn 1/2 Left crossing Left behind Right, Step Right beside Left, Step Left beside Right (3.00)

S8: Step, Turn 1/2 Right, Shuffle 1/2 Turn Right, Step Pivot 1/4 Turn Right, Cross Shuffle

1-2 Step forward on Right, 1/2 Turn Right stepping back on Left(9.00)

3&4 Shuffle 1/2 Turn Right stepping Right, Left, Right (3.00)
5-6 Step Left forward, Pivot 1/4 Turn Right (6.00)
7&8 Left Cross shuffle stepping Left, Right, Left

Restart There is 1 Restart after Count 32 on Wall 3 facing (12.00)
