

Twenty-Three

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Malene Jakobsen (DK) - September 2021
音乐: 23 - Sam Hunt : (Single - iTunes)



Intro: 16 counts from the beginning 9 sec. seconds into track, dance begins with weight on R

[1-9] Fwd., kick, out out, ball, cross, side, touch, side, touch, monterey

1-2&3 (1) Step fwd. on L, (2) low kick R fwd., (&) step out on R, (3) step out on L 12.00
&4-5 (&) Step R next to L, (4) cross L over R, (5) step R to R 12.00
6&7-8 (6) Touch L next to R, (&) step L to L, (7) touch R next to L, (8) point R to R 12.00
1 (1) On ball of L make 1/4 R stepping R next to L 3.00

[10-16] Side rock, cross, point, cross, half Charleston, "sit" touch

2&3-4-5 (2) Rock L to L, (&) recover onto R, (3) cross L over R, (4) point R to R, (5) cross R over L 3.00
6 (5) Sweep L from back to front pointing toes fwd. 3.00
7 (6) Sweep L from front to back taking weight on L 3.00
8 (8) "Sit" and touch R toes slightly fwd. 3.00

[17-24] Fwd., fwd., 1/4, touch, fwd., hitch, 1/4, point, 1/4, sweep 1/4

1-2&3-4 (1) Step fwd. on R, (2) step fwd. on L, (&) turn 1/4 R, (3) step fwd. on L, (4) hitch R 6.00
5-6 (5) Turn 1/4 R stepping R to R, (6) point R to R 9.00
7-8 (7) Turn 1/4 L starting to sweep R, (8) finish the sweep making another 1/4 L 3.00

[25-32] Syncopated weave, cross rock, chasse, cross

1-2&3 (1) Cross R over L, (2) step L to L, (&) cross R behind L, (3) step L to L 3.00
4-5 (4) Rock R across L, (5) recover onto L 3.00
6&7-8 (6) Step R to R (&) step L next to R, (7) step R to R, (8) cross L over R 3.00

[33-40] Side rock, crossing toe strut, side rock, crossing toe strut

1-2-3-4 (1) Rock R to R, (2) recover onto L, (3) cross R toe over L, (4) drop R heel 3.00
5-6-7-8 (5) Rock L to L, (6) recover onto R, (7) cross L toe over R, (8) drop L heel 3.00

[41-48] Side rock, crossing toes strut, back, hold, 1/4, cross, 1/4

1-2-3-4 (1) Rock R to R, (2) recover onto L, (3) cross R toe over L, (4) drop R heel 3.00
5-6&7 (5) Step back on L, (6) hold, (&) turn 1/4 R stepping R to R, (7) cross L over R 6.00
8 (8) Turn 1/4 R stepping fwd. on R 9.00

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Last Update - 29 Sept. 2021