

# Rest of Our Lives

COPPER KNOB  
BY SHEETS

拍数: 52      墙数: 2      级数: Phrased High Intermediate  
编舞者: Sophia KSF (MY) - September 2021  
音乐: Dance With Me - Caleb and Kelsey



Intro : 4 counts, start on vocal. Sequence : ABB+ ABB+ A- BB+  
(A- Finish at 14C with step change)

## PART A

### Section 1 : Forward Sweep x 2, forward, 1/8 turn x 2, sway, 1/4 step, full turn

1            LF forward, sweep RF from back to front  
2            RF forward, sweep LF from back to front  
3-4        LF forward, 1/8 left turn RF to right (facing 10.30)  
5-6        1/8 left turn, LF to left with body sway left and right (facing 9)  
7&8        LF forward with 1/4 left turn (7) RF back with 1/2 turn left (&) LF forward with 1/2 turn left (8)

### SECTION 2 : Side cross back, side cross rock recover, back hitch, back hitch behind 1/4 left forward, rock recover

1&            RF to right, LF cross over RF  
2&            RF back, LF to left  
3&            RF cross over LF, recover on to LF  
4            RF back, hitch LF from front to back  
5&            LF back, hitch RF from front to back, RF behind LF  
6            LF forward with 1/4 left turn

(A- Ends here with step change on count 6, step LF to left)

7-8            Rock RF forward, recover onto LF

### SECTION 3 : Back sweep x 2, behind side cross, 1/4 forward, 1/2 turn, triple turn

1-2            RF back with LF sweeping from front to back, LF back with RF sweeping from front to back  
3&4        RF behind LF(3), LF to left(&), cross RF over LF(4)  
5-6        LF forward with 1/4 left turn, 1/2 turn left with RF back  
7&8        LF forward, 1/2 turn left (7) RF back, 1/2 turn left (&) LF forward, 1/2 turn left (8)

### SECTION 4 : 1/8 left back, drag, 1/4 right, drag & hook, syncopated jazzbox, unwind 3/4 turn

1-2            1/8 left turn stepping RF back, drag LF down, touch next to RF (facing 10.30)  
3-4            1/4 right turn stepping LF back, drag RF down, hook over LF (facing 1.30)  
5&6&        RF forward with 1/8 right turn (5) cross LF over RF (&) step back on RF (6) LF to left (&)  
7-8            Cross RF over LF, unwind 3/4 left turn (facing 6)

## PART B

### Section 1 : Half Diamond Step, side rock recover behind side 1/8 left forward and kick

12&            RF to right, LF back with 1/8 left turn, RF back with 1/8 left turn (facing 3)  
34&            LF forward with 1/8 left turn, RF forward, recover onto LF (facing 1.30)  
56&            1/8 left turn, RF to right with sway (5) transfer weight to LF (6) RF behind LF (&) (facing 12)  
7&8            LF to left (7) RF forward with 1/8 left turn (&) kick LF forward bending RF (8) (facing 10.30)

\*Hand Styling during kick - sweep up both hands

### Section 2 : Point, 1/2 turn, 1/8, side rock cross, back, 1/4 side, together forward x2, pivot 1/2 turn

1-2            Point LF back, 1/2 turn left, LF in place (facing 4.30)  
3&4            RF to right with 1/8 left turn, recover on LF, RF cross over LF (facing 3)  
5&6            LF back (5) 1/4 right turn RF to right (&) transfer weight to LF (facing 6)  
&7&8        Close RF to LF (&) LF forward (7) RF forward (&) pivot half turn left (8)

**B+ : Additional 4 steps after the last 8 counts**

1-                    2) RF to right swaying right, sway to left

3&                    4) Sway right, sway left, sway right drag and close LF to RF slightly bending both legs

**\*Hand Styling - cross both hands in front of chest when u bring both legs together**

**Ending : Walk back to 12 o'clock facing**

**Hope you will enjoy the dance to this wonderful song.**

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