One More Troubadour



编舞者: John Sharman (UK) - September 2021

音乐: One More Troubadour - Steve Moakler: (iTunes)



NO TAGS OR RESTARTS

Intro: 32 counts

SECT 1: TAP, SWEEP, SAILOR QTR TURN, ROCK, RECOVER, SHUFFLE BACK

1, 2 rap it too iwa, oweep it looking it	1, 2	Tap R toe fwd, Sweep R foot right
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3&4 Turning qtr turn R, Step R behind L, Step L to L side, Step R to R side (3)

5, 6 Rock forward on L, Recover on R

7&8 Step back on L, Step R beside L, Step back on L

SECT 2: TAP, SWEEP, SAILOR QTR TURN, STEP HALF TURN, SHUFFLE FWD

1. 2	Tan F	R toe	fwd	Sweep	R	foot to	riaht
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3&4 Turning qtr turn R Step R behind L, Step L to L side, Step R to R side (6)

5, 6 Step fwd L, Pivot half turn R (12)

7&8 Step fwd L, Step R beside L, Step fwd L

SECT 3: STEP, HOLD, STEP, HOLD, (Prissy Walk), STEP, LOCK, STEP, SCUFF,

1, 2	Step fwd R over L, Hold for one beat
3, 4	Step fwd L over R, Hold for one beat
5. 6	Step fwd R. Lock L behind R

5, 6 Step fwd R, Lock L behind R 7, 8 Step fed R. Scuff L heel fwd

SECT 4: CROSS, BACK, BACK, CROSS, TURN BACK, SIDE, CROSS, TAP

1, 2	Step on L over R, Step back R
3, 4	Step back L Step on R over L

5, 6 Turn qtr R stepping back on L, Step R to R side (3)

7, 8 Step on L over R, Scuff R heel fwd

Start again and sing along.

A lockdown song that gave me an earworm.

Could have been 64 counts 3 restarts but this is more me.