

Bambola Cha

COPPER KNOB
BY STEPHEN T. C.

拍数: 32 墙数: 2 级数: Beginner
编舞者: Penny Tan (MY) - September 2021
音乐: Bambola - cha cha cha - cha cha dance music



Intro: 16 counts - No Tag / No Restart

SEC1:SIDE,RECOVER,CROSS SHUFFLE (R-L)

1-2 Rock RF to R , recover LF on L
3&4 Cross RF over LF , step LF to L ,cross RF over LF
5-6 Rock LF to L,recover RF on R
7&8 Cross LF over RF , step RF to R , cross LF over RF

SEC2:FWD ROCK,RECOVER,3/4 TRIPLE TURN R,FWD ROCK,RECOVER, ¼ TURN L , SIDE CHASSE

1-2 Rock RF fwd, recover on L
3&4 Make ¾ turn R on R-L-R (9:00)
5-6 Rock LF fwd,recover on R
7&8 ¼ turn L ,step LF to L, step RF next to LF ,step LF to L (6:00)

SEC3:New York R-L

1-2 Cross RF over LF,recover on L
3&4 Step RF to R ,close LF next to RF,step RF to R
5-6 Cross LF over RF,recover on R
7&8 Step LF to L, close RF next to LF ,step LF to L

SEC4:FWD,ROCK,RECOVER,BACK SHUFFLE,IN PLACE STEPS

1-2 Rock RF fwd, recover on L
3&4 Back shuffle R-L-R
5-6 In place,step LF next to RF ,step RF next to LF
7&8 In place, triple steps L-R-L

Have fun , happy dancing!

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