

Dancin' Habits

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Mike Kruger (USA) - September 2021
音乐: Bad Habits - Ed Sheeran



Syncopated Side Points, Syncopated Toe Touches, ¼ Step L, ¼ Step R, Behind-Side-Cross.

1&2& Point R to R side, Step R back to center, Point L to L side, Step L back to center
3&4 Touch R toe next to L, Step R next to L, Touch L toe next to R
5-6 ¼ L stepping L forward, ¼ L stepping R to R side [6:00]
7&8 Step L behind R, Step R to R side, Cross L over R

Side Step, ½ Hinge Turn, Cross Shuffle, Side Rock, Replace, Behind-Side-Cross.

1-2& Step R to R side, ½ turn L, Step L to L side [12:00]
3&4 Cross R over L, Step L to center, Cross R over L
5-6 Side Rock L to L side, Recover weight on R
7&8 Step L behind R, Step R to R side, Cross L over R

Side Step, ½ Hinge Turn, Cross Shuffle, Side Rock, Replace, Behind-Side-Cross.

1-2& Step R to R side, ½ turn L, Step L to L side [6:00]
3&4 Cross R over L, Step L to center, Cross R over L
5-6 Side Rock L to L side, Recover weight on R
7&8 Step L behind R, Step R to R side, Cross L over R

Syncopated Side Rocks, Step Behind, ¾ Unwind

1-2 Rock R to R side, Recover on L
&3-4 Step R to center, Side rock on L, Recover on R
&5-6 Step L to center, Side rock on R, Recover on L
&7-8 Step R behind L, ¾ unwind R for 2 counts with weight ending on L [3:00]

Tag (4 counts) *At the end of wall 3 keep weight on R* [9:00]

1-2 Side rock L to L side, Recover R.
&3-4 Step L behind R, ¾ unwind L for 2 counts with weight ending on L [12:00]
