

Good Man

拍数: 48 墙数: 2 级数: Newcomer Swing
编舞者: Karolina Ullénstäv (SWE) - September 2021
音乐: Good Man - Todd Rhodes Orchestra & Kitty Stevenson



Intro: 15 seconds (start dancing when she sings "Good Man.."), No tags, no restarts

Section 1: Kick forward and step slightly diagonal back

1-2 RF kick forward (facing 12.00)
3-4 RF step beside LF
5-6 LF step slightly diagonal back left
7-8 LF step beside RF

Section 2: Kick forward and step slightly diagonal back

1-2 RF kick forward
3-4 RF step beside LF
5-6 LF step slightly diagonal back left
7-8 LF step beside RF

Section 3: Swivel right and clap once, point left, touch beside and slide long step left and touch beside

1 RF and LF heel swivel right
2 RF and LF toe swivel right
3 RF and LF heel swivel right
4 Clap once
5 LF point left
6 LF touch beside RF
7 LF long sliding step left
8 RF touch beside LF

Section 4: Kick steps forward while you turn ¼ left x 2

1 RF kick forward
2 RF step beside LF
3 Turn ¼ left on ball of RF (weight on RF) and kick LF forward (facing 09.00)
4 LF step beside RF
5 RF kick forward
6 RF step beside LF
7 Turn ¼ left on ball of RF (weight on RF) and kick LF forward (facing 06.00)
8 LF step beside RF

Section 5: Long sliding step back, drag heel back, toe struts forward

1-2 RF long sliding step back
3-4 Drag LF heel back beside RF and step in place
5 RF toe step forward
6 RF heel step in place
7 LF toe step forward
8 LF heel step in place

Section 6: Kick forward, turn ¼ left and kick forward and then finally turn ¾ left

1 RF kick forward
2 RF step beside LF
3 Turn ¼ left on ball of RF (weight on RF) and kick LF forward
4 LF step beside RF

5 Turn $\frac{1}{4}$ on ball of LF (weight on LF) left stepping RF forward
6-8 Turn $\frac{1}{2}$ left on ball of RF (weight on RF) slightly slower (facing 06.00)

Have fun dancing to this lovely Swing music!
