

# Running Wild

COPPER KNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Low Advanced  
编舞者: Hiroko Carlsson (AUS) - September 2021  
音乐: Running Wild - OKEY & Lovespeake : (Spotify)



(Dance starts on lyric "Young")

## [S1] Side, Behind, Side-Cross Rock, 1/4L, Kick-Ball-Step, Step-Pivot 1/4L

1 2            Step R to the side, Step L behind R  
3&4           Step R to the side, Rock L over R, Replace weight on R  
5              Make a 1/4 turn left stepping forward on L (9:00)  
6&7           Kick forward on R, Ball step R in place, Step forward on L  
8 1            Step forward on R, Make a 1/4 turn left recover weight on L (6:00)

## [S2] Cross-1/4R-Back Rock, Step-Pivot 1/4L, Cross, 1/4R

2&            Cross R over L, Make a 1/4 turn right stepping back on L (9:00)  
3 4            Rock back on R, Replace weight on L  
5 6            Step forward on R, Make a 1/4 turn left recover weight on L (6:00)  
7 8            Cross R over L, Make a 1/4 turn right stepping back on L (9:00)

## [S3] Back Rock, Fwd, Paddle Turn, Cross Shuffle, Side, Behind-1/4R

1 2 3          Rock back on R, Replace weight on L, Step forward on R  
4&            Step forward on L, Make a 1/4 turn right recover weight on R (12:00)  
5&6          Cross L over R, Step R close to L, Cross L over R  
7 8&          Step R to the side, Step L behind R, Make a 1/4 turn right stepping forward on R (3:00)

## [S4] Step-Pivot 1/2R, 3/4R Turn, Cross, Side, Behind Rock

1 2            Step forward on L, Make a 1/2 turn right recover weight on R (9:00)  
3 4            Make a 1/2 turn right stepping back on L, Make a 1/4 turn right stepping R to the side (6:00)  
5 6            Cross L over R, Step R to the side\*\*  
7 8            Rock L behind R, Replace weight on R

## [S5] Side, Hold-&-Side Rock, Cross, Hold-&-Cross Rock

1 2&          Step L to the side, Hold, Step R next to L (optional: shimmy shoulder)  
3 4            Rock L to the side, Replace weight on R  
5 6&          Cross L over R, Hold, Step R close to L  
7 8            Rock L over R, Replace weight on R

## [S6] Side, Hold-&-Side Rock, Cross-1/4L-1/4L-Point

1 2&          Step L to the side, Hold, Step R next to L (optional: shimmy shoulder)  
3 4            Rock L to the side, Replace weight on R  
5 6            Cross R over L, Make a 1/4 turn left stepping back on L (3:00)  
7 8            Make a 1/4 turn left stepping L next to R, Point R to the side (12:00)

## [S7] Cross Rock, 1/8R, Point-1/8L Replace, Cross Rock, 1/8R-Point

1 2 3          Rock R over L, Replace weight on L, Make a 1/8 turn right stepping R to the side (1:30)  
4&            Point L to the side, Make a 1/8 turn left stepping L next to R (12:00)  
5 6            Rock R over L, Replace weight on L  
7 8            Make a 1/8 turn right stepping R to the side, Point L to the side (1:30)

## [S8] 1/4L Back Rock, 1/4R Kick, Back Rock, 1/2L Kick, 1/8L Coaster Step

1 2            Make a 1/4 turn left stepping (rock) back on L, Replace weight on R (10:30)

- 3 Make a 1/4 turn right stepping L to the side/kick forward on R (1:30)
- 4 5 Rock L over R, Replace weight on R
- 6 Make a 1/2 turn left stepping back on R/kick forward on L (7:30)
- 7&8 Step back on L, Make a 1/8 turn left stepping R next to L, Step forward on L (6:00)

**Restart with step change on Wall 3 (6:00): dance up to S 4 count 6\*\*, then  
Step L behind R (7), Touch R next to L (8)**

**Ending suggestion: The last wall starts facing 6:00. Dance up to count 32, then  
Big step R to the side, Close L next to R (12:00)**

**Please feel free to contact me if you need any further information. ([hirokoclinedancing@gmail.com](mailto:hirokoclinedancing@gmail.com))  
(updated: 15/Sept/21)**

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