

Mother's Heart

COPPER KNOB
BY STEPHEN TENG

拍数: 42 墙数: 1 级数: Beginner
编舞者: Vincy Leung (CAN) - September 2021
音乐: Mother's Heart (娘心) - Teresa Teng (鄧麗君)



Intro : 24 Counts

Restart : Wall 2, 4, 6 & 8 after 30 counts

Sequence : 42, 30, 42, 30, 42, 30, 42, 30

S1 Basic Waltz Box

1-3, 4-6 LF Step forward, RF Step to R, LF Step next to RF, RF Step back, LF Step to L, RF Step next to L

S2 Basic Waltz Box

1-3, 4-6 LF Step forward, RF Step to R, LF Step next to RF, RF Step back, LF Step to L, RF Step next to L

S3 Check (L & R)

1-3, 4-6 LF Cross over RF, RF Recover, LF Step to L, RF Cross over LF, LF Recover, RF Step to R

S4 Diagonal Forward, Kick, Step Back, 3 Steps 1-1/8 Turn To Left

1-3, 4-6 LF Step diag. fwd. (1:30), RF Kick fwd., RF Step back, LF Step 3/8 turn to L, RF Step 1/4 turn to L, LF Step 1/2 turn to L

S5 Diagonal Forward, Kick, Step Back, 3 Steps 1-1/8 Turn To Right

1-3, 4-6 RF Step diag. fwd. (10:30), LF Kick fwd., LF Step back, RF Step 3/8 turn to R, LF Step 1/4 turn to R, RF Step 1/2 turn to R

(Restart : Wall 2, 4, 6 & 8)

S6 Twinkle (L & R)

1-3, 4-6 LF Cross over RF, RF Step to R, LF Step next to RF, RF Cross over LF, LF Step to L, RF Step next to LF

S7 Drag Step, Hold (L & R)

1-3 LF Step a bit big step to L, RF slide slowly next to LF without weight with 2 counts

4-6 RF Step a bit big step to R, LF slide slowly next to RF without weight with 2 counts

Enjoy the dance!

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