

Shivers

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Christina Yang (KOR) - September 2021
音乐: Shivers - Ed Sheeran



Start the dance after 32 counts

SECTION 1: STEP BOTH FEET FORWARD(LOOKS LIKE LITTLE JUMP), HIT YOUR THIGHS WITH BOTH HANDS WHILE BENDING BOTH KNEES A LITTLE BIT, SWIVEL RF BALL WITH HEEL TO INSIDE, SWIVEL RF HEEL WITH BALL TO INSIDE, CLOSED RF TO LF, FLICK

- 1 Step both feet forward(looks like little jump)
- 2& Bending both knees a little bit and hit your thighs with both hands twice
- 3-4 Hold, hit your thighs with both hands once
- 5-8 Swivel RF ball with heel to inside, swivel RF heel with ball to inside, closed RF to LF, Rf flick

SECTION 2: FORWARD SHUFFLE, FORWARD ROCK, RECOVER, 1/2 TURN TO L WITH FORWARD SHUFFLE, 1/4 TURN TO L WITH PIVOT

- 1&2 Step forward, closed LF to RF, step forward
- 3-4 Rock LF forward, recover on RF
- 5&6 1/2 turn to L stepping LF forward, closed RF to LF, step LF forward
- 7-8 Rock RF forward, 1/4 turn to L changing weight on LF

SECTION 3: CROSS. TOUCH AND CLAP TWICE, CROSS, TOUCH AND CLAP ONCE, FORWARD ROCK, RECOVER, COASTER STEP

- 1-2& Cross RF over LF, touch LF to L side and clap twice in front of R shoulder
- 3-4 Cross LF over RF, touch RF to R side and clap once in front of L shoulder
- 5-6 Rock RF forward, recover on LF
- 7&8 Step RF backward, closed LF to RF, step RF forward

SECTION 4: FORWARD ROCK, RECOVER, FULL TUN TO L, BACKWARD SHUFFLE, BACKWARD ROCK, RECOVER

- 1-4 Rock LF forward, recover on RF, 1/2 turn to L stepping LF forward, 1/2 turn to L stepping RF backward
- 5&6 Step LF backward, closed RF to LF, step LF backward
- 7-8 Rock RF backward, recover on LF

NO TAG, NO RESTART

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