

Lost Now Found

拍数: 32 墙数: 4 级数: Improver
编舞者: Benjamin Lucas (USA) - September 2021
音乐: Lost - Maroon 5



INTRO: Start dance on 1st word of 2nd lyric line, "Searching and Searching..."

S1: WALK BACK L,R- L COASTER- MAMBO R, MAMBO L

1,2,3&4 Walk back left, walk back right, step left back, step right back next to left, step left forward
5&6,7&8 Rock right to right side, recover on left, shift weight to right, rock left to left, recover on right,
shift weight to left

S2: STEP FORWARD R, POINT L TOE TO L SIDE, STEP FORWARD L, POINT R TOE TO R SIDE, POINT R TOE FORWARD, POINT R TOE TO R SIDE, ¼ R SAILOR TURN TO THE R

1-4 Step right forward in front of left, point left toe to left side, step left forward in front of right,
point right toe to right side
5,6,7&8 Point right toward forward, point right toe to right side, sweep right ¼ to right stepping back
on right, step left back beside right, step forward right

TAG: Wall 10 only, Facing 6:00 after 1st 16 counts of dance. Put hands above your head and roll for 4 counts slowly counterclockwise.

S3: FULL TURN COUNTERCLOCKWISE (L) ALTERNATING STEP TOUCHS ¼ L,R, ¼ R,L, ¼ L,R, ¼ R,L

1-4 Step left ¼ turn left, touch right next to left, step right ¼ turn left, touch left next to right
5-8 Step left ¼ turn left, touch right next to left, step right ¼ turn left, touch left next to right

S4: GRAPEVINE L, TURNING GRAPEVINE R

1-4 Step left to left, step right behind left, step left to left, touch right next to left
5-8 Step right ¼ turn right, ½ turn right over right shoulder stepping back left, step right ¼ turn
right, step left next to right

TAG: Wall 10, Facing 6:00 after 1st 16 counts of dance.

Put hands above your head and roll for 4 counts slowly counter-clockwise. Then continue with step touches.
