

Superstition

拍数: 32 墙数: 4 级数: Improver
编舞者: Amy Christian (USA) & HP Low (UK) - September 2021
音乐: Superstition - Stevie Wonder



Section 1 - CROSS SHUFFLE, SYNCOPATED SCISSOR, STEP(DIP) TOUCH SIDE, ¼ (DIP), TOUCH FWD,

1&2 Cross R over L, Step on ball of L to side, Cross R over L,
&3-4 Step L to side(&), Step R next to L(3), Cross L over R,
5-6 Step R to right side, bending right knee, Touch L out to left side as you straighten up,
7-8 ¼ Turn right - Step L back, bending left knee, Touch R forward as you straighten up, [3:00]

Section 2 - R COASTER STEP, FWD MAMBO, OUT-OUT, CCW HIP ROLL, HITCH (SNAP),

1&2 R Coaster step,
3&4 Rock forward on L, Recover back on R, Step L next to R,
&5 Step R out to right side, Step L out to left side - start to roll hip to left side, CCW,
6-7 Continue to roll hips CCW, (weight ends on L)
8 Hitch R as you snap fingers out to sides,

Section 3 - CROSS SHUFFLE, TOUCH L OUT, TWIST ¼, L COASTER STEP, PIVOT ½,

1&2 Cross R over L, Step on ball of L to side, Cross R over L,
3-4 Touch L out to left side, Keeping weight on R - Twist ¼ turn left - lean back, with L toe still touching (now forward), [12:00]
5&6 L Coaster step,
7-8 Step forward on R, Pivot ½ turn left transferring weight forward on L,

Section 4 - DOUBLE HIP BUMPS X 2, ¼ JAZZ BOX,

1&2 Step R diagonally forward as you double bump R-L-R,
3&4 Step L diagonally forward as you double bump L-R-L,
5-8 Cross R over L, Step L back turning ¼ right, Step R to right side, Step L next to R, [9:00]

Start over! (no tags or restarts).

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Last Update - 8 Oct. 2021
