

# Shivers

拍数: 32      墙数: 4      级数: Improver  
编舞者: Nathalie LATERRIERE (FR) - September 2021  
音乐: Shivers - Ed Sheeran



No tag / No Restart

Start: 32 counts (after the beginning of the lyrics " I took an arrow to the HEART")

**S1 : CROSS TOUCH R, DIAGONAL POINT R, BACK R, POINT BACK L, 3/8 T L, POINT R/L**

- 1-2            Cross R toe next to LF, point R toe to R diagonal (1:30)
- 3-4            Step back on RF (facing 1:30), point LF back
- 5-6            Make 3/8 T L closing LF next to RF, point RF to R side (9:00)
- 7-8            Step RF next to LF, point LF to L side

**S2 : BACK TOE STRUTS L/R , DIAGONAL BALLS WITH BUMPS L/R**

- 1-2            Step back on toe of LF, drop down L heel
- 3-4            Step back on toe of RF, drop down R heel
- 5-6            Step forward on ball of LF to L diagonal with a bump, step LF next to RF
- 7-8            Step forward on ball of RF to R diagonal with a bump, step RF next to LF

**S3 : TOE STRUT FORWARD L , ½ T L BACK TOE STRUT R, BACK L, TOUCH FORWARD R WITH KNEE POP , RECOVER R, SCUFF L**

- 1-2            Step forward on toe of LF, drop down L heel
- 3-4            Make a ½ T L stepping back on toe of RF, drop down R heel (3:00)
- 5-6            Step back on LF, touch RF forward popping your R knee and sitting back on LF
- 7-8            Recover onto RF, scuff LF

**S4 : WALKS L/R WITH HOLDS, BOUNCE ½ T L , BACK L, HOOK R**

- 1-2            Walk LF, HOLD
- 3-4            Walk RF, HOLD
- 5-6            Make a ¼ T L raising then lowering both heels, make a ¼ T L raising then lowering both heels (9:00) \* ( end weight on RF)
- 7-8            Step slightly back on LF, hook RF across L shin

**\*Style : On counts 5-6, lean back your shoulders**