

# Better Days Are Coming!

拍数: 32      墙数: 4      级数: Improver  
编舞者: Sisters Buttons (LAT) - September 2021  
音乐: Better Days - Dermot Kennedy



**INTRO: 16 counts, start on the lyric "better days"**

## **TOUCH FORWARD, TOUCH SIDE, ¼ TURN R COASTER STEP, TOUCH FORWARD, TOUCH SIDE, ¼ TURN L COASTER STEP**

1-2            Touch RF forward, touch RF side  
3&4           Turn a ¼ turn right as you step back on RF, step LF beside RF, step forward RF  
5-6           Touch LF forward, touch LF side  
7&8           Turn a ¼ turn left as you step back on LF, step RF beside LF, step forward LF

## **ROCK STEP, ½ SHUFFLE TURN RIGHT, CROSS, SIDE, BEHIND SIDE CROSS**

1-2            Rock RF forward, recover onto LF  
3&4           Step RF ¼ turn right, step LF beside RF, step RF ¼ turn right (6:00)  
5-6           Cross LF in front of RF, step RF to right side.  
7&8           Cross LF behind RF, step RF to right side, cross LF in front of RF.

## **SIDE ROCK, RECOVER, CROSS SHUFFLE, TURN ¼ RIGHT, SHUFFLE FORWARD**

1-2            Rock RF to right side, recover onto LF  
3&4           Cross RF over LF, step LF to side, cross RF over LF  
5-6           Turn ¼ right and step LF back, turn ½ right and step RF forward (3:00)  
7&8           Shuffle forward stepping LF-RF-LF

## **ROCK STEP, SHUFFLE BACK, ROCK STEP BACK, SHUFFLE FORWARD**

1-2            Rock forward on RF, recover onto LF  
3&4           Shuffle back stepping RF-LF-RF  
5-6           Rock back on LF, recover onto RF.  
7&8           Shuffle forward stepping LF-RF-LF

Hope you enjoy the dance.

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