

Shivers

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Phrased Easy Intermediate
编舞者: Lene Mainz Pedersen (DK) - September 2021
音乐: Shivers - Ed Sheeran : (iTunes)



Intro: 32 Counts..

A, A32, B, B, A, A32, B, B, A, A32, B (after B you face (12:00) to start part A)

PART A

[1-8] SIDE TOUCH R+L, CHASSE R, TOUCH

1 - 4 Step R to R side, Touch L next to R, Step L to L side, Touch R next to L

5 - 8 Step R to R side, Step L next to R, Step R to R side, Touch L next to R

[9-16] VINE 1/4 L, BRUSH, ROCKING CHAIR

1 - 4 Step L to L side, Cross R behind L, Turn ¼ L step fw on L, Brush R foot fw (9:00)

5 - 8 Rock fw on R, Recover on L, Rock back on R, Recover on L

[17-24] STEP 1/2 L, TURN 1/2 L, KICK, BACK KICK X2

1 - 4 Step fw on R, Turn ½ L step L fw, Turn ½ L stepping back on R, Kick L fw

5 - 8 Step back on L, Kick R fw, Step back on R, Kick L fw

[25-32] COASTER, PRISSY WALK

1 - 4 Step back on L, Step R next to L, Cross L small step in front of R sweeping R from back to front

5 - 8 Cross R in front of L, Sweep L from back to front, Cross L in front of R, Sweep R from back to front

*** The B part starts here

[33-40] VINE 1/4 R, HOLD, 1/4 PIVOT R WITH CROSS, HOLD

1 - 4 Step R to R side, Cross L behind R, Turn ¼ R step R fw, HOLD (12:00)

5 - 8 Step fw on L, Turn ¼ R step R to R side, Cross L in front of R, HOLD (3:00)

[41-48] TURN 1/4 L X2, CROSS, HOLD, COASTER, HOLD

1 - 4 Turn ¼ L stepping back on R, Turn ¼ L step L to L side, Cross R in front of L, HOLD (9:00)

5 - 8 Step back on L, Step R to R side, Cross L in front of R, HOLD

[49-56] DIAGONAL R, TOUCH, BACK KICK, SHUFFLE 1/2 R, HOLD

1 - 4 Step R fw to R diagonal, Touch L next to R, Step back on L Kick R fw (10:30)

5 - 8 Turn ¼ R step R to R side, Step L next to R, Turn ¼ R stepping R fw, HOLD (4:30)

[57-64] DIAGONAL TOUCH, BACK SWEEP, COASTER, HOLD

1 - 4 Step L fw, Touch R next to L, Step back on R, Sweep L from front to back

5 - 8 Turn 1/8 L step back on L, Step R next to L, Cross L in front of R, HOLD (3:00)

PART B

[1-8] STEP R, KICK X2, STEP L, KICK X2, STEP R, KICK X2, STEP L, KICK X2

&1 - 2 Jump R to R, Kick L in front of R x2

&3 - 4 Jump L to L, Kick R in front of L x2

&5 - 6 Jump R to R, Kick L in front of R x2

&7 - 8 Jump L to L, Kick R in front of L x2

[9-16] OUT OUT X2

1 - 4 Step R fw to R diagonal, Step L fw to L diagonal, Step R back to center, Step L next to R
5 - 8 Step R fw to R diagonal, Step L fw to L diagonal, Step R back to center, Step L next to R
(Styling: Put your hands next to your ears, and while stepping R fw to R diagonal sway your head to the right, while stepping L fw to L diagonal, sway your head to the left)

[17-24] STEP R, KICK L, STEP L, CROSS R, STEP L, KICK R, STEP R, CROSS L

1 - 4 Step R to R, Kick L to L diagonal, Step L to L side, Cross R in front of L
5 - 8 Step L to L side, Kick R to R diagonal, Step R to R side, Cross L in front of R

[25-32] SIDE TOUCH R+L, ROCK R FW WITH BODYROLL, RECOVER ON L

1 - 4 Step R to R side, Touch L next to R, Step L to L side, Touch R next to L
5 - 8 Rock fw on R do a bodyroll over 4 counts ending on your L foot (bend your head as if your going under a fence, then roll your body - google is your friend ;o)

After 32 counts on wall 2, the B part starts at (12:00) every time..

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