

# Do It Fast

COPPER KNOB  
BYEFOURNETS

拍数: 32                      墙数: 4                      级数: Improver  
编舞者: Monica Goldman (USA) - September 2021  
音乐: Do It Fast - Tim Montana



Intro - 48 counts from start of track

\*2 restarts, 1 tag

**Shuffle forward RLR, shuffle forward LRL, rock recover, Stomp x2**

1 & 2 -                      Shuffle step forward- RF (1), LF (&), RF (2)  
3 & 4-                      Shuffle step forward LF (3), RF (&), LF (4)  
5, 6-                      Rock forward on RF, Recover weight back onto LF  
7, 8-                      Stomp RF next to LF x2

**Shuffle back RLR, Shuffle back LRL, Rock recover, Kick Ball Change**

1 & 2-                      Shuffle step moving backwards- RF (1), LF (&), RF (2)  
3 & 4-                      Shuffle step moving backwards - LF (3), RF (&), LF (4)  
5, 6-                      Rock back onto RF, recover weight forward onto LF  
7 & 8-                      Kick RF forward with weight on LF (7), step ball of RF down next to LF placing weight on ball (&), step LF next to right, placing weight on LF (8)

**\*Restart at wall 4 after first 16 counts**

**\*Restart at wall 8 after first 16 counts**

**Cross Point, Cross Point, 1/4 turn Jazz box**

1, 2-                      Cross RF over LF, Point Left toe to Left side  
3, 4-                      Cross LF over RF, Point Right toe to Right side  
5, 6-                      Cross RF over LF, Step back on LF  
7, 8-                      Step RF down making 1/4 turn over Right shoulder, Step LF forward

**Cross Point, Cross Point, Cross Unwind (Full turn)\*\***

1, 2-                      Cross RF over LF, Point Left toe to Left side  
3, 4-                      Cross LF over RF, Point Right toe to Right side  
5, 6, 7, 8-                      Cross RF over LF, Unwind over left shoulder, making a full turn ending with weight on LF

**\*\*Alternatively for the Cross Unwind, you can do a Jazz Box instead**

5, 6, 7, 8-                      Cross RF over LF, Step back LF, Step RF down, Step LF down next to RF

**\*Tag on wall 10 after 32 counts, add 4 count Jazz Box**

1, 2, 3, 4                      Cross RF over LF, Step back LF, Step RF down, Step LF down next to RF

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