

# Do It Fast

**COPPER KNOB**  
STEPPERS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Monica Goldman (USA) - September 2021  
音乐: Do It Fast - Tim Montana



Intro - 48 counts from start of track

\*2 restarts, 1 tag

## Shuffle forward RLR, shuffle forward LRL, rock recover, Stomp x2

- 1 & 2 - Shuffle step forward- RF (1), LF (&), RF (2)
- 3 & 4- Shuffle step forward LF (3), RF (&), LF (4)
- 5, 6- Rock forward on RF, Recover weight back onto LF
- 7, 8- Stomp RF next to LF x2

## Shuffle back RLR, Shuffle back LRL, Rock recover, Kick Ball Change

- 1 & 2- Shuffle step moving backwards- RF (1), LF (&), RF (2)
- 3 & 4- Shuffle step moving backwards - LF (3), RF (&), LF (4)
- 5, 6- Rock back onto RF, recover weight forward onto LF
- 7 & 8- Kick RF forward with weight on LF (7), step ball of RF down next to LF placing weight on ball (&), step LF next to right, placing weight on LF (8)

\*Restart at wall 4 after first 16 counts

\*Restart at wall 8 after first 16 counts

## Cross Point, Cross Point, 1/4 turn Jazz box

- 1, 2- Cross RF over LF, Point Left toe to Left side
- 3, 4- Cross LF over RF, Point Right toe to Right side
- 5, 6- Cross RF over LF, Step back on LF
- 7, 8- Step RF down making 1/4 turn over Right shoulder, Step LF forward

## Cross Point, Cross Point, Cross Unwind (Full turn)\*\*

- 1, 2- Cross RF over LF, Point Left toe to Left side
- 3, 4- Cross LF over RF, Point Right toe to Right side
- 5, 6, 7, 8- Cross RF over LF, Unwind over left shoulder, making a full turn ending with weight on LF

\*\*Alternatively for the Cross Unwind, you can do a Jazz Box instead

- 5, 6, 7, 8- Cross RF over LF, Step back LF, Step RF down, Step LF down next to RF

\*Tag on wall 10 after 32 counts, add 4 count Jazz Box

- 1, 2, 3, 4 Cross RF over LF, Step back LF, Step RF down, Step LF down next to RF

A very special thanks to Jennifer Oliphant and Anais Cordebard for advice, help, and support!

Contact: [ihopeyoudanceco@outlook.com](mailto:ihopeyoudanceco@outlook.com)