

Beauty of Life

拍数: 48 墙数: 4 级数: Improver
编舞者: Bambang Satiyawan (INA) & Arefen Ben Djunaed (INA) - September 2021
音乐: Ya Hilwe (Dance With Me Now) (feat. Sandy) - Karl Wolf



Start dance on lyric!

I Switch Rock Recover, Monterey

1-2& Rock R side - Recover on L - Close R next to L
3-4& Rock L side - Recover on R - Close L next to R
5&6& Touch R side - Close R next to L - Touch L side - Close L next to R
7&8& Turn ¼ left Touching R side - Close R next to L - Touch L side - Close L next to R

II Switch Rock Recover, Back Lock Shuffle

1-2& Rock R forward - Recover on L - Close R next to L
3-4& Rock L forward - Recover on R - Close L next to R 5&6 Step R back - Lock L over R - Step R back
7&8 Step L back - Lock R over L - Step L back

III Dorothy, Cross Rock, Sailor Turn

1-2& Step R diagonal forward - Lock L behind R - Step R diagonal forward
3-4& Step L diagonal forward - Lock R behind L - Step L diagonal forward
5&6& Cross Rock R over L - Recover on L - Rock R side - Recover on L
7&8 Turn ¼ right stepping R behind L - Ball on L - Step R forward

IV Forward lock, Long Back Step, Coaster Step, Hip Bump Turn

1&2 Step L forward - Lock R behind L - Long Step R back dragging heel L
3&4 Step L back - Ball R beside L - Step L forward
5-6 Touch R and bumping hip - Drop R
7-8 Turn ½ left touch L and bumping hip - Drop L

V Botafogo, Weave Turn, Brush, Cross Shuffle

1&2 Cross R over L - Ball L side - Step R in place
3&4 Cross L over R - Ball R side - Step L in place
5&6& Cross R over L - Turn ¼ right stepping L back - Turn ¼ right stepping R side - Brush L
7&8 Cross L over R - Step R side - Cross L over R

VI Rock, Behind Turn Forward, Mambo Turn, Quick V Step

1-2 Rock R side - Recover on L
3&4 Step R behind L - Turn ¼ left stepping L forward - Step R forward
5&6 Rock L forward - Recover on R - Turn ½ left stepping L forward
&7&8 Step R out - Step L Out - Step R in - Step L in

Restart on wall 2 & 5 after 16 counts