

# Hair Toss

拍数: 32                      墙数: 2                      级数: Beginner  
编舞者: Sandra Robinson & Billie Jean Darling - April 2020  
音乐: Good as Hell - Lizzo



**Intro: 2 counts (Right foot steps back on the word hair)**

**S3 repeat at wall 3 (facing 12:00) (to clarify we do S3 twice on wall 3)**

**Tag at wall 7 (facing 12:00) insert 4 count jazz box then restart from the beginning**

## **S1 Rock recover triple step**

1- 2                      Step R foot back (1), Recover onto L (2)  
3-&-4                    Triple step R (3), L (&) R (4)  
5- 6                      Step L foot back (5), Recover onto R (6)  
7-&-8                    Triple step L (7), R (&) L (8)

## **S2 V Steps**

1-2                      Step R forward (to right diagonal 1), step L forward (to left diagonal 2)  
3-4                      step R back (to center 3), step L together (4)  
5-6                      Step R forward (to right diagonal 5), step L forward (to left diagonal 6)  
7-8                      step R back (to center 7), step L together (8)

## **S3\* kick kick cross and point**

1&-2&                    kick R foot forward (1) step R next to left (&), kick L foot forward (2) step L next to right (&)  
3-4                      Cross R over L (3) point L out to left (4)  
5&-6&                    kick L foot forward (5) step L next to right (&), kick R foot forward (6) step R next to left (&)  
7-8                      Cross L over R (7) point R out to right (8)

## **S4 Cross, ¼ turn, ¼ turn shuffle, coaster step**

1-2                      Cross R over left (1), L ¼ turn left (2)  
3-&4                    R ¼ right turn (3), Shuffle L touch to right (&) R step to right (4)  
5-6                      L step left (5), cross R over L (6)  
7-&-8                    L step back (7), R step to left (&) L step forward (8)

## **Wall 3 repeat of section 3 S3\* kick kick cross and point**

1&-2&                    kick R foot forward (1) step R next to left (&), kick L foot forward (2) step L next to right (&)  
3-4                      Cross R over L (3) point L out to left (4)  
5&-6&                    kick L foot forward (5) step L next to right (&), kick R foot forward (6) step R next to left (&)  
7-8                      Cross L over R (7) point R out to right (8)

## **Wall 7 Jazz box tag**

1-2                      Cross R over L (1), Step back on L (2)  
3-4                      Step back on R (3), Step L next to R (4)

**Restart from section 1 completing all 4 sections one last time**

## **Optional Ending: repeat section 4**

1-2                      Cross R over left (1), L ¼ turn left (2)  
3-&4                    R ¼ right turn (3), Shuffle L touch to right (&) R step to right (4)  
5-6                      L step left (5), cross R over L (6)  
7-&-8                    L step back (7), R step to left (&) L step forward (8)