

# Bare når det regner

拍数: 48      墙数: 2      级数: Intermediate  
编舞者: Benedikte R. Grønlund (NOR) - June 2021  
音乐: Bare når det regner - Chris Holsten



Intro: After 16 counts

**[1-8] Side Shuffle, ¼ Diamond, Step Back x3, Rock Recover, 5/8 Turn Step Back, Full Turn**

1 & 2      Step R to right side, Step L together, Step R to right side  
3 & 4      Cross L over R, Step R to right side, 1/8 Turn Step L back (10:30)  
& 5      Step R back, Step L back  
6 & 7      Rock R back, Recover onto L, 5/8 Turn Step R back (3:00)  
8 &      ½ Turn over L shoulder Step L forward (9:00), ½ Turn over L shoulder Step R back (3:00)

**[9-16] Step Back, Synchopated Coaster Step with Step Lock Step, Step Forward, ½ Turn, Behind, Side, (the beginning of a) Cross Shuffle**

1      Step L back  
2 & 3      Step R back, Step L together, Step R forward  
& 4      Lock L behind R, Step R forward  
5, 6      Step L Forward, ½ Turn over R shoulder (weight on L foot) (9:00)  
7 & 8      Step R back, Step L together, Cross R over L

**[17-24] (end of a) Cross Shuffle, Side, Together, 1/8 Turn Step Forward, ½ Turn x2, Step Lock Step, Rock Recover**

& 1      Step L together, Cross R over L  
2 & 3      Step L to left side, Step R together, 1/8 Turn Step L forward (10:30)  
4, 5      ½ Turn over L shoulder Step R back (4:30), ½ Turn over L shoulder Step L forward (10:30)  
6 & 7      Step R forward, Lock L behind R, Step R forward  
8 &      Rock L forward, Recover onto R

**[25-32] 1/8 Turn Side Rock, 1/8 Turn Back Rock, 5/8 Turn Step Back, ¼ Turn slide, Ball, Step x2**

1 & 2      1/8 Turn Rock L to left side (9:00), Recover onto R, 1/8 Turn Rock L back (7:30)  
3, 4      Recover onto R, 5/8 Turn Step L back (12:00)  
5, 6      ¼ Turn Step R to right side (3:00), Hold  
& 7, 8      Step L together, Step R forward, Step L forward

**[33-40] Step, Step ¼ Turn, Cross Shuffle, ¼ Turn Step Back, ¼ Turn Step Side, Cross Shuffle**

1, 2 &      Step R forward, Step L forward, ¼ Turn weight on R (6:00)  
3 & 4      Cross L over R, Step R together, Cross L over R  
5, 6      ¼ Turn Step R back (3:00), ¼ Turn Step L to left side (12:00)  
7 & 8      Cross R over L, Step L together, Cross R over L

**[41-48] Side Rock, Cross, ¼ Turn Step Back, ¼ Turn Step Side, Cross, Sweep, Cross, ¼ Turn Step Back, ½ Step Forward**

& 1, 2      Rock L to left side, Recover onto R, Cross L over R  
3, 4      ¼ Turn Step R back (9:00), ¼ Turn Step L to left side (6:00)  
5, 6      Cross R over L, Sweep L in front of R  
7, 8 &      Cross L over R, ¼ Turn Step R back (3:00), ½ Turn over L shoulder Step L forward (9:00)

¼ Turn start again, Step R to right side (6:00)

No tags, no restarts

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