## Don't Be Shy



拍数: 128 墙数: 1 级数: Phrased Easy Intermediate

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音乐: Don't Be Shy - Tiësto & KAROL G



Sequences: ABC ABC DC

Part A: 32 Count

Section 1: Prissy walk & Hold(2X), Scissors R&L

1 - 4 Cross R over L, hold, cross L over R, hold

5&6 7&8 Step R to side, step L together, cross R over L, step L to side, step R together, cross L over R

Section 2: Syncopated Rocking chair with heel grind, Forward, Pivot, Side step with body roll, Touch

1&2&3 4 Rock R forward with hell grind, recover on L, Rock R back, recover on L, step R forward, ½

turn L weight on L (6.00)

5 - 8 Step R to side with body roll to R, touch L beside R, step L to side with body roll to L, touch R

beside L

Section 3&4: Repeat/same movement with section 1&2, ends at 12.00

Part B: 32 Count

Section 1: V step, Dorothy step

1 - 4 Step R diagonal forward, step L diagonal forward, step R back to center, Step L beside R

5 6& 7 8& Step R diagonal forward, step L behind R, step R diagonal forward Step L diagonal forward,

step R behind L, step L diagonal forward

Section 2: Forward Pivot (2X), Closed, styling arm, Sway R&L

1 - 4 Step R forward, ½ turn L weight on L (6.00), step R forward, ½ turn L weight on L (12.00)

5&678 Close R beside L, cross both hands in front, open both hands with palms facing forward,

Sway hip R&L

Section 3&4: Repeat/same movement with section 1&2

Part C: 32 Count

Section 1: Brush ,Side step with pop shoulder RLR, close, step in place with swing hands up

1 - 4 Brush R to front, step R to side with pop R shoulder, recover on L with pop L shoulder, Step

R to side with pop R shoulder

5 - 8. Close L beside R with swing R hand up, step R in place with swing L hand up, step L in place

with swing R hand up, step R in place with swing L hand up

Section 2: Side touch, Side close, Cross open Down both hands, sway RL

1 - 4 Step L to side, touch R beside L, step R to side, close L beside R

Cross both hands in front of the chest while touching both shoulders, open both hands while 5&678

touching both shoulders, put both hands down, Sway RL while the right hand is raised up

Section 3: Sway R, Rock Side, recover, cross, side

1 2&3 4 Sway R(R hand still rise up), Rock L to side, recover on R, cross L over R, Rock R to side

&5 6&7 8 Recover on L, cross R over L, rock L to side, recover on R, cross L over R, step R to side

Section 4: ¼ turn L, Syncopated lock step,1/2 turn R, stomp,Hitch&Swing leg foot, cross behind, ¾ turn R, close

1&2&3 4 ¼ turn L (9.00) body still facing at 12.0 step L forward, step R behind L, step L forward, Step

R behind L,step L forward,1/2 turn R (3.00) stomp R beside L

5&6 7 8 Hitch R foot & swing leg to L, swing leg to R, cross R behind L, ¾ turn R (12.00), Close L beside R

Part D: 32 Count

Section 1 : Weave L,sweep,Cross behind, side, cross over, sweep

1 - 4 Cross R over L, L to side, Cross R behind L, sweep L from front to back
5 - 8 Cross L behind R, R to side, Cross L over R, sweep R from back to front

Section 2: Rocking chair with body weave, Cross, Hold, ½ turn

1 - 4 Rock R forward, recover on L, step R back, recover on L (doing with body weave)

5 - 8 Cross R over L, hold, ½ turn L (6.00) weight on L foot

Section 3&4 : repeat / same movement with Section 1 & 2 , ends at 12.00

Enjoy the dance......

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