

# Na, Na, Na, Na, Na

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Peter Probert (AUS) - September 2021  
音乐: Life Is a Rollercoaster - Ronan Keating : (Album: 10 Years of Hits)



**ORIGINAL POSITION:- Weight on Left**  
**INTRO:- 40 BEATS (APPROX 22 SEC.)**

**NO TAGS NO RESTARTS**

## **WEAVE LEFT, JAZZ BOX ¼ FWD**

1-2-3-4      Cross R in Front of L, Step L to L side, Cross R Behind L, Step L to L side  
5-6-7-8      Cross R in Front of L, turn ¼ R Stepping Back on L, Step R to R Side, Step L Forward (3.00)

## **STEP, LOCK, STEP SCUFF, STEP, LOCK, STEP, TOUCH**

1-2-3-4      Step R 45 Deg. R, Lock L Behind R, Step R forward, Scuff L Forward  
5-6-7-8      Step L 45 Deg. L, Lock R Behind L, Step L Forward, Touch R next to L

## **DIAGONAL BACK DRAGS (ZIG ZAG)**

1-2      Big Step Back R at 45 deg. R, Drag L Back to R (Weight on R)  
3-4      Big Step Back L at 45 Deg. L, Drag R Back to L (Weight on L)  
5-6      Big Step Back R at 45 Deg. R, Drag L Back to R (Weight on R)  
7-8      Big Step Back L at 45 Deg. L, Drag R Back to L (Weight on L)

## **SIDE TOUCH X 2, PADDLE ¼ TURN X 2**

1-2-3-4      Step R to Side, Touch L beside R, Step L to L side, touch R Beside L  
5-6-7-8      Step R forward ¼ Turn, Step R Forward 1/4/ Turn (9.00)

**REPEAT FACING NEW WALL**

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