

Humble

拍数: 56 墙数: 4 级数: Phrased Intermediate
编舞者: Daniel Baggerman (USA) - September 2021
音乐: Humble - Ian Munsick



Pattern: AAAB AAAB AAAB A

Intro: 48 Counts

A Section: 32 Counts

[1 - 8] ½ PIVOT X2, CROSS, SIDE STEP, HEEL JACK

1, 2 Step L forward pivoting over right shoulder, place weight on R (6:00)
3, 4 Repeat (12:00)
5, 6 Cross L over R, step R out to right side
7&8 Cross L behind R, step R out to right side, lift L heel

[9 - 16] CROSS, SIDE STEP, ¾ SHUFFLE TURN RIGHT, ROCK RECOVER, ½ SHUFFLE TURN LEFT

&1, 2 Bring L heel down, cross R over L, step L out to left side
3&4 Step R back with a ¼ turn right (3:00), step L forward with a ¼ right (6:00), step R forward with a ¼ left (9:00)
5, 6 Rock L forward, recover onto R
7&8 Step L to the left with a ¼ turn (6:00), bring R forward with a ¼ left (3:00), step L forward

[17 - 24] RIGHT TOE TAPS, LEFT TOE TAPS, ROCK RECOVER, COASTER STEP

1, 2 Step R forward and tap toe, lift R and set R down
3, 4 Step L forward and tap toe, lift L and set L down
5, 6 Rock R forward, recover onto L
7&8 Bring R foot back, step L back to meet R, step R forward

[25 - 32] VINE LEFT, DOUBLE VINE RIGHT

1, 2 Step L out to left side, cross R behind L
3, 4 Step L out to left side, touch R toe to L
5&6& Step R out to right side, cross L behind R, step R out to right side, cross L over R
7&8 Step R out to right side, cross L behind R, step R out to right side

B Section: 24 Counts

[1 - 8] SLIDE RIGHT, HOLD X2, LEFT STOMPS, ¾ TURN RIGHT, FORWARD, KICK FORWARD

&1, 2 Shift weight to L, large step R to right side for a slide, holding for 2 counts
3, 4 Stomp L X2
5, 6 Step L back with ¼ turn right (6:00), step R forward with a ½ turn right (12:00)
7, 8 Step L forward, kick R forward

[9 - 16] STOMP RIGHT, HIP ROLL X2, SHUFFLE FORWARD, ½ PIVOT

1, 2 Stomp R down into hip roll, shifting weight to L
3, 4 Continue hip roll shifting weight from R to L
5&6 Step L forward, bring R forward to meet L, step L forward
7, 8 Step R forward pivoting over L shoulder, placing weight on L (6:00)

[17 - 24] TOE-TAP-STOMPS, STOMPS, SHUFFLE FORWARD

1&2 Point R knee in and tap R toe, turn knee forward and tap R toe, stomp down R
3&4 Point L knee in and tap L toe, turn knee forward and tap L toe, stomp down L
5, 6 Stomp R out to right side, stomp L out to left side
7&8 Step R forward, step L forward, step R forward

***Note:** When transitioning from the A section to the B section, you can also change the last step right of the double vine in the A section into the large step to slide right to start the B section if the weight shift to the left foot is too cumbersome.

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