

Bento

拍数: 32 墙数: 4 级数: Beginner
编舞者: Mega Lienatha Lie (INA) & Zaza Calisthenics (INA) - September 2021
音乐: Bento (feat. Teman) - Dildil : (Iwan Fals Cover)



Start dance after intro 64 counts / start dance on vocal

(1-8) CONGA WALKS

1 - 4 Step RF forward (1), Step LF Forward (2), Step RF forward (3), Close touch LF beside RF (4)
5 - 8 Step LF to back (5), Step RF to back (6), Step LF to back (7), Close touch RF beside LF (8)

(9-16) VINE - TOUCH SIDE - ROLLING VINE - HITCH

1 - 4 Step RF to R (1), Cross LF behind RF (2), Step RF to R (3), Touch LF to L (4)
5 - 8 ¼ turn L step LF forward (5), ½ turn L step RF to back (6), ¼ turn L step LF to L (7), Hitch RF (8)

*Restart here. On wall 2 & wall 15 after 16 counts (03.00)

(17-24) JAZZ BOX - ¼ TURN R MONTEREY

1 - 4 Cross RF over LF (1), Step LF to back (2), Step RF to R (3), Step LF forward (4)
5 - 8 Touch RF to R (5), ¼ turn R close RF next to LF (6), Touch LF to L (7), Close LF next to RF (8) (03.00)

(25-32) TOUCH FORWARD- TOUCH SIDE - COASTER STEP (R-L)

1 - 2 Touch RF forward (1), Touch RF to R (2)
3 & 4 Step RF to back (3), Close LF next to RF (&), Step RF forward (4)
5 - 6 Touch LF forward (5), Touch LF to L (6)
7 & 8 Step LF to back (7), Close RF next to LF (&), Step LF forward (8)

Restart : on wall 2 & wall 15 after 16 counts (03.00)

Contact

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Choreo Collaboration between Palembang (South Sumatra Province) & Pekanbaru (Riau Province) - 03 September 2021