

Tari Manasai

拍数: 32 墙数: 4 级数: Beginner
编舞者: Saniang Ludjen (INA) - August 2021
音乐: Manari Manasai - Lagu Daerah Kalimantan Tengah



I. SIDE, TOGETHER, SIDE, TOUCH, BACK DIAGONAL, TOUCH, BACK DIAGONAL, TOUCH

1-2 Step R to side, close L together
3-4 Step R to side, touch L beside R
5-6 Step L back diagonal, touch R beside L
7-8 Step R back diagonal, touch L beside R

II. ROLLING VINE, SIDE, TOGETHER, SIDE, TOGETHER

1-2 ¼ Turn left step L forward, ½ turn left step R back
3-4 ¼ Turn left step L to side, touch R beside L (12.00)
5-6 Step R to side, close L together
7-8 Step R to side, close L together

III. PIVOT ½ TURN, SHUFFLE, PIVOT ½ TURN, SHUFFLE

1-2 Step R forward, ½ turn left step L in place (6.00)
3&4 Step R forward, step L beside R, step R forward
5-6 Step L forward, ½ turn right step R in place (12.00)
7&8 Step L forward, step R beside L, step L forward

IV. SKATE STEP ¼ TURN, PADDLE ½ TURN

1-2 Skate R forward, 1/8 turn left skate L forward
3-4 Skate R forward, 1/8 turn left skate L forward (9.00)
5-6 Step R forward, ¼ turn left step L in place
7-8 Step R forward, ¼ turn left step L in place (3.00)

Enjoy this dance!!

Contact: saniangwanang@gmail.com