

Mary Ann's Dance

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner / Improver
编舞者: Little Red Hens - September 2021
音乐: Sexy and I Know It - LMFAO : (Album: Sorry for the Party Rocking)



Dance Information:

Start at 29 seconds (long intro)- chorus vocals-"girl look at that body"

VINE RIGHT AND LEFT

1-4 Step R to right (1), Step L behind R (2), Step R to right (3), Touch L beside R (4)
5-8 Step L to left (5), Step R behind L (6), Step L to left (7) Touch R beside L (8)

V STEP

9-12 Step R forward diagonal (9), Step L forward diagonal (10), Step back with R foot (11), Step back with L foot, end with feet together (12)

CHARLESTON

13-16 Step forward with R (13), Kick L foot out in front (14), Step back on L (15), Touch behind with R toe (16)

TRIPLE STEP (R/L)

17&18 Shuffle forward R, L, R
19&20 Shuffle forward L, R, L

HALF TURN, STOMPX2

21-22 1/2 turn counter clockwise R
23-24 Stomp R and L

DIAGONAL HIP GYRATION (Mary Ann's Move)

25-28 Step forward diagonal R, gyrate hips forward and back (arms bent at elbows following hips), step back with feet together
29-32 Step forward diagonal L, gyrate hips forward and back (arms bent at elbows following hips), step back with feet together

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