

Fool, I'm A Woman

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner
编舞者: Diana Bishop (AUS) - 31 August 2021
音乐: Fool, I'm a Woman - Sara Evans



No Tags No Restarts

CROSS, SIDE, TRIPLE STEP

1,2,3&4 Step R Over L, Step L To L, Step R,L,R On Spot

CROSS, SIDE, TRIPLE STEP

5,6,7&8 Step L Over R, Step R To R, Step L,R,L On Spot

FWD, BACK, ½ TURN SHUFFLE R

1,2,3&4 Step R Fwd, Step L Back, ½ Turning Shuffle To R On R,L,R

FWD, BACK, BACK, TOG- FWD (L COASTER STEP)

5,6,7&8 Step L Fwd, Step R Back, Step L Back, Step R Next To L, Step L Fwd

2 X SHUFFLES FWD

1&2.3&4 Shuffle Fwd R,L,R, Shuffle Fwd L,R,L

STEP FWD HIP BUMPS, STEP FWD HIP BUMPS

5&6.7&8 Step R Fwd & Hip Bump R,L,R, Step L Fwd & Hip Bump L,R,L

2 X TOE/HEEL STRUTS FWD,

1-4 R Toe/Heel Fwd, L Toe/Heel Fwd

STEP HOLD, STEP HOLD,

5-8 Step R Fwd Hold, Step L Next To R Hold

BEGIN DANCE AGAIN

Contact: bishops@bigpond.com