

Two Straws, One Check

拍数: 120 墙数: 1 级数: Intermediate
编舞者: Cato Larsen (NOR) - 21 July 2021
音乐: Fancy Like - Walker Hayes : (CD: Country Stuff - EP)



Intro: Start the dance at vocals after 16 counts of intro. (12 seconds).

Motion: Novelty (For social fun only)

Tempo: 80/160 BPM.

SOD: Speed Of Dance; Normal.

[1 - 8] ¼ Monterey Turns twice, Hold. 12:00

1,2 Point right toe to right side (1), Turn (spin) ¼ turn right Stepping right next to left (2).
3,4 Point left toe to left side (3). Step left next to right (4). 3:00
5,6 Point right toe to right side (5), Turn (spin) ¼ turn right Stepping right next to left (6). 6:00
7,8 Point left toe to left side (7). Hold (8).

[9 - 16] Rocking Chair, Run Forward, Hold.

1,2 Step forward on left (1), Rock (recover) back again onto right (2).
3,4 Step back on left (3), Rock (recover) forward again onto right (4).
5,6,7,8 Step forward on left (5), Step forward on right (6), Step forward on left (7), Hold (8).

[17 - 24] Vine ¼ turn, ¼ Chase turn, Repeat.

1,2 Step right to right side (1), Cross left behind right (2).
3,4 Turn ¼ turn right Stepping forward on right (3), Hold (4). 9:00
5,6 Step forward on left (5), Turn (swivel) ¼ turn right (6). 12:00
7,8 Cross left over right (7), Hold (8).

[25 - 32] Vine ¼ turn, ¼ Chase turn, Repeat.

1,2 Step right to right side (1), Cross left behind right (2).
3,4 Turn ¼ turn right Stepping forward on right (3), Hold (4). 3:00
5,6 Step forward on left (5), Turn (swivel) ¼ turn right (6). 6:00
7,8 Cross left over right (7), Hold (8).

Restart: Restart herfra på vegg nr. 2: Bytt ut taktslag 5,6,7,8 med disse:

Step fram på venstre (5), Snu (swivel) 180 grader mot høyre (6). Snu 90 grader mot høyre og Step venstre til venstre side (7), Hold (8).

[33 - 40] Toe Touches & Heel Touches.

1,2 Point right toe to right side (1), Step right next to left (2).
3,4 Point left toe to left side (3), Step left next to right (4).
5,6 Touch right heel forward (5), Step right next to left (6).
7,8 Touch left heel forward (7), Step left next to right (8).

[41 - 48] Side Touches with ¼ turn each, twice.

1,2 Turn ¼ turn left Stepping right to right side (1), Touch left toe next to right (2). 3:00
3,4 Step left to left side (3), Touch right toe next to left (4).
5,6 Turn ¼ turn left Stepping right to right side (5), Touch left toe next to right (6). 12:00
7,8 Step left to left side (7), Touch right toe next to left (8).

[49 - 56] Slow Out-Out, In-In with hips.

1,2 Step right to right side Swaying your hips to the right side (1), Hold (2).
3,4 Step left slightly to left side Swaying your hips to the left side (3), Hold (4).
5,6,7,8 Step right back to center (5), Hold (6), Step left next to right (7), Hold (8).

[57 - 64] Hip Bumps with attitude & shoulder shrugs.

1,2,3,4 Bump your hips 3 times right (1,2,3), Hold (4).

5,6,7,8 Bump your hips 3 times left (5,6,7), Hold (8).

Leaning to either side while bumping your hips will make them with more attitude.

Shoulder shrugs (up and down movement) is optional.

[65 - 72] Modified Sailor Steps.

1,2 Cross right behind left (1), Step left slightly to left side (2).

3,4 Step right slightly to right side (3), Cross left behind right (4).

5,6 Step right foot slightly to right side (5), Step left slightly to left side (6).

7,8 Touch right toe next to left (7), Hold (8).

[73 - 80] Slow Side Touches with Whipped Cream arms.

Both arms in front of your body, formed like you were going to mirror yourself in your hands:

1,2,3,4 Step right to right side (1), Hold (2), Touch left next to right (3), Hold (4).

5,6,7,8 Step left to left side (5), Hold (6), Touch right next to left (7), Hold (8).

Elbow bent, hand with palms in facing your face (as you were to mirror your self in the palm of your hands.

Swing both underarms full turn anticlockwise (1,2,3,4).

Swing both underarms full turn clockwise (5,6,7,8).

[81 - 88] Two Straws, One Check, Girl I got you!

1,2 Step left to left side and Cross both arms in front of chest showing the V-sign on both arms (1,2). (Palms towards body).

3,4 Lower left arm and rise right underarm up and point your right pointing finger in the air (3,4).

5,6 Point right pointing finger straight forward (5,6).

7,8 Roll your hips full revolution counterclockwise (7,8).

[89 - 96] Cross Shuffle, Hitch-Ronde, Cross Shuffle.

1,2,3 Cross right over left (1), Step left to left side (2), Cross right over left (3).

4 Hitch left knee slightly up and swing left leg around in front clockwise (4).

5,6,7,8 Cross left over right (5), Step right to right side (6), Cross left over right (7), Hold (8).

[97 - 104] Side Touches with Side Body Rolls (Snake Roll).

1,2 Step right to right side (1), Hold (2).

3,4 Touch left toe next to right (3), Hold (4).

5,6 Step left to left side (5), Hold (6).

7,8 Touch right toe next to left (7), Hold (8).

Optional: Sideways Body Rolls (Snake Roll) to each side on the side touches.

[105-112] Out-Out, In-In, Hip Bumps with Shoulder Shrugs & Knee Pops.

1,2 Step right to right side (1), Step left slightly to left side (2).

3,4 Step right back to center (3), Step left next to right (4).

5 Bump your hips right as you Pop your right knee forward by lifting right heel (5).

6 Bump your hips left as you Pop your left knee forward by lifting left heel and lowering right foot (6).

7 8 Bump your hips right as you Pop your right knee forward by lifting right heel and lowering left (7). Hold (8).

[113-120] Vine, Hold & Prep, Rolling Vine, Hold.

1,2 Step right to right side (1), Cross left behind right (2).

3,4 Step right to right side (3), Hold and Prep for left turn (4).

5 Turn ¼ turn left Stepping forward on left (5). 9:00

6 Turn (pivot) ½ turn left Stepping back on right (6). 3:00

7,8 Turn (pivot) ¼ turn left Stepping left to left side (7), Hold (8). 12:00

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