

Barbara's Waltz

COPPER KNOB
STEPPERS

拍数: 48 墙数: 2 级数: Easy Intermediate
编舞者: Kenneth Shaw (AUS) - August 2021
音乐: Barbara's Waltz - Davie Anderson : (Album: Love so Strong)



Written in honour of a mother, who was instrumental in the musical upbringing of her son.
This simple melody embodies her gentle nature and kind spirit.

#3 Count introduction

SIDE ROCK CROSS x 2

1,2,3 Step R to R, replace weight to L, Cross R over L.

4,5,6 Step L to L, replace weight to R, Cross L over R.

EXTENDED VINE RIGHT, TOUCH

1,2,3 Step R to R, Step L behind R, Step R to R.

4,5,6 Cross R over L, Step R to R, Touch L toe behind R.

EXTENDED VINE LEFT, TOUCH

1,2,3 Step L to L, Step R behind L, Step L to L.

4,5,6 Cross R over L, Step L to L, Touch R toe behind L.

VINE RIGHT ; 1/2 PIVOT TURN

1,2,3 Step R to R, Step L behind R, Step R to R slightly back.

4,5,6 Step L forward, turn 1/2 L, replace weight to R, Step L back.

FORWARD, LOCK, FORWARD x 2

1,2,3 Step R forward, Lock L behind R, Step R forward.

4,5,6 Step L forward, Lock R behind L, Step L forward.

ROCK 1/2 TURN ; FORWARD, LOCK, FORWARD

1,2,3 Rock forward onto R, replace weight to L, turn 1/2 R, Step R forward.

4,5,6 Step L forward, Lock R behind L, Step L forward.

FORWARD, LOCK, FORWARD ; 1/2 PIVOT TURN

1,2,3 Step R forward, Lock L behind R, Step R forward.

4,5,6 Step L forward, turn 1/2 R, replace weight to R, Step L forward.

FORWARD MAMBO ; BACK COASTER

1,2,3 Step R forward, Rock back onto L, Step R back.

4,5,6 Step L back, Step R together, Step L forward.

ENDING: Dance finishes facing the front on count 12.