

I Feel Good

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: High Improver
编舞者: Ira Barie (INA) & Roosamekto Mamek (INA) - August 2021
音乐: I Feel Good (feat. Anthony Watts & DJWS) - Pitbull



Intro: 32 count

S1. ROCK WITH STYLE, ANCHOR STEP, REVERSE CUDDLE TURN 3/4 LEFT, BEHIND, SIDE TOUCH

1-2 Rock R Forward lift L slightly up - Step L back (12:00)
3&4 Rock R back - Recover on L - Step R in place
5-8 Turn 1/2 left step L forward (6:00) - Turn 1/4 left step R to side (3:00) - Cross L behind R -
 Touch R to side (3:00)

S2. CONTINUOUS WEAVE TURN 1/4 LEFT, BRUSH WITH HITCH, TOUCH, HIPS MOVES

1-4 Cross R over L - Step L to side - Cross R behind L - Turn 1/4 left step L forward (12:00)
5-6 Brush R beside L and make a low hitch - Touch R in front of L and bend knee
7&8 Push hips to right - Push hips left - Push hips right (12:00)

While doing the hips move (7&8) keep the R knee bend, weight on L

S3. FORWARD, TURN 1/2 RIGHT, COASTER STEP, WALK FORWARD L-R, FORWARD LOCK SHUFFLE

1-2 Step R forward - Turn 1/2 right step L back (6:00)
3&4 Step R back - Step L together - Step R forward
5-6 Step L forward - Step R forward
7&8 Step L forward - Lock R behind L - Step L forward (6:00)

S4. PIVOT 1/2 TURN LEFT, FORWARD LOCK SHUFFLE, HINGED TURN 3/4 RIGHT, BOTAFOGO

1-2 Step R forward - Turn 1/2 left (12:00)
3&4 Step R forward - Lock L behind R - Step R forward
5-6 Turn 1/2 right step L back (6:00) - Turn 1/4 right step R to side (9:00)
7&8 Cross L over R - Rock R to side - Recover on L (9:00)

REPEAT

RESTART : On wall 5 & 10 after 16 count (both facing 12:00)

Ending : End of wall 11, Make a ¼ turn right step R forward

For more info about step sheet & song, please contact:

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