

Bare Necessities

拍数: 32 墙数: 4 级数: Beginner
编舞者: Annette Badenhorst (SA) - August 2021
音乐: The Bare Necessities - Phil Harris & Bruce Reitherman : (CD: The Jungle Book
1967))



Specially for Lee and Laura Marcus from Natinline.

Intro: Start on the first drumbeat after the lyrics "Look for the..." - @ 42 seconds on the original track

This dance is beginner level up until the 03:30 time stamp, or after wall 9. To dance on the full piece of music please see the sequence below.

Section 1. (1-8) Charleston x 2

1 - 4 Touch R toe fwd (1), Step R back (2), Touch L toe back (3), Step L fwd (4)
5 - 8 Touch R toe fwd (1), Step R back (2), Touch L toe back (3), Step L fwd (4) -

Section 2. (9-16) Diagonal together, Diagonal shuffle, ¼ Jazz Box cross

1, 2, 3&4 Step R to R diagonal (1), Step L next to R (2), Step R to R diagonal (3), Step L next to R (&),
Step R to R diagonal (4)
5 - 8 Cross L over R (5), 1/4 turn to L stepping R back (6), Step L to L (7), Cross R over L (8) -
(09:00)

Section 3. (17-24) Heel x 2, L Coaster, Heel x 2, R Coaster

1, 2, 3&4 Touch L heel to L diagonal (1), Touch L heel to L diagonal (2), Step L back (3), Step R next
to L (&), Step L fwd (4)
5, 6, 7&8 Touch R heel to R diagonal (5), Touch R heel to R diagonal (6), Step R back (7), Step L next
to R (&), Step R fwd (8)

Section 4. (25-32) Point & Point, Step ½ Pivot, Run Run Run

1, 2& Point L to L (1), Hold (2), Step L next to R (&)
3, 4& Point R to R (3), Hold (4), Step R next to L (&)
5, 6, 7&8 Step L fwd (5), Pivot ½ turn to R (6), Run LRL (7&8)

OPTIONAL

After 03:30 you could end the dance as there is a break in the music and it will keep the dance on beginner level, but if you decide to continue there is a fairly easy sequence to follow

WALL 10 After the lyrics "oh man this is really living" there is a drum roll and hard down beat.

(03:00) On that beat, step R to R and sway your hips R for count 1, then continue swaying LRL on counts 2,3,4.

Then continue the dance from SECTION 2 onwards (Diagonal steps)

RESTART: Wall 12 starts at 09:00. Restart after count 26& facing 06:00

ENDING: Wall 14 start at 09:00. Dance one Charleston (1-4), then end with a 3 count ¼ turning jazz box to the R.

[Cross R over L (5), ¼ turn R by stepping L back (6), Step R to R (7)]

Sequence:

Walls 1-9 Normal full walls for beginner Dance

Break

Hips 4 Counts - 03:00

Wall 10 Start with Section 2 (Don't do the Charlestons)

Wall 11 Full wall

Wall 12 Restart after count 26& - 06:00

Wall 13 Full wall

Wall 14 Jazz box ENDING after 4 counts

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