Let's Get At It



编舞者: Mark Treacy (USA) - August 2021 音乐: Let's Get At It - Dumpstaphunk



Count In: 32

Pattern: 1 NOW 232 1 NOW 232 12 22 11

Part 1, Count 8 (Do 4 Times Around the World)

Step Tick, Kick, Quarter Turn Run

1&2&3&4& Step R, Tick L, Step LR, Step L, Tick R, Step RL

56,7&8& Kick R L, Quarter Turn Right RLRL

NOW: 4 Count Freestyle

Part 2, Count 8 (Do Twice)

1&2&34,5&678 Vine RLR L Heel Out In, L Kick Ball Change, Half Turn Step RL

Part 3, Count 16

1-8& Hopscotch Out In Out, Hold, Run RLR L Up In

1&2,3&4,5-8 Sailor Back R, Sailor Back L, Rock Easy RL, Hold, R Heel Lift

Repeat Part 2

(Back Wall) Repeat Parts 1, NOW, 2, 3, 2

(Front Wall) Repeat Part 1

BRIDGE

Part 2 with Quarter Turn on 7 8 (All Walls)

1&2&34,5&678 Vine RLR L Heel Out In, L Kick Ball Change, Quarter Turn Step RL

Part 2 with Quarter Turn on 78 (All Walls)

Part 2 with Quarter Turn on 78 (All Walls)

Repeat Part 1, Part 1