

Cruise the World

COPPERKNOB
BY STEPHEN

拍数: 64 墙数: 1 级数: Phrased High Intermediate
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音乐: Freedom - Pitbull



Phrasing: A, A, B, A, A, B, A, A, B, A, A, A, A

Intro: 32 counts (app. 16 seconds into track)

A SECTION - 16 counts

[1-8] R slide, Ball cross shuffle, $\frac{1}{4}$ L $\frac{1}{2}$ L, Sailor cross $\frac{1}{4}$ L

1-2 Step R big step to R (1), drag L toward R (2) 12:00
&3&4 Step L next to R (&), cross R over L (3), step L slightly L (&), cross R over L (4) 12:00
5-6 Turn $\frac{1}{4}$ L stepping L fw, turn $\frac{1}{2}$ L stepping R back 03:00
7&8 Cross L behind R starting $\frac{1}{4}$ L (7), step R to R finishing $\frac{1}{4}$ L (&) cross L over R (8) 12:00

[9-16] Ball cross, R side rock, Ball L side Rock, Ball fw rock, Jump together

&1 Step R slightly R (&), cross L over R (1) (this will be a cross shuffle together with previous step) 12:00
2-3& Rock R to R side (2), recover L (3), step R next to L (&)
Optional arm: swing R arm in a circle like you're waving someone in (CCW) 12:00
4-5& Rock L to L side (4), recover R (5), step L next to R (&)
Optional arm: swing L arm in a circle like you're waving someone in (CW) 12:00
6-8 Rock R fw (6), recover L (7), place R next to L doing a small jump with both feet keeping weight L (8) (option: if you don't want to jump just touch R next to L)

Optional arms: swing both arms forward like you're picking something up 12:00

B SECTION - 48 counts

[1-8] Point R forward, back, Side switches, Walk walk, Kick ball step

1-2 Point R fw (1), point R back (2) 12:00
3&4& Point R to R side (3), step R next to L (&), point L to L side (4), step L next to R (&) 12:00
5-6 Walk fw R (5), walk forward L (6) 12:00
7&8 Kick R fw (7), step R next to L (&) step L fw (8) 12:00

[9-16] Tick tock $\frac{1}{2}$ R, Coaster step, Lock step, Walk around $\frac{1}{2}$ L

&1-2 Swivel R heel $\frac{1}{2}$ R (&), swivel L heel $\frac{1}{2}$ R (1), step R back popping L knee (2) 06:00
3&4 Step L back (3), step R next to L (&), step L fw (4) 06:00
&5 Lock R behind L (&), step L fw (5) 06:00
6-8 Walk $\frac{1}{2}$ circle L stepping R, L, R (6-7-8) 12:00

[17-24] Point L forward, back, Side switches, Walk walk, Kick ball step

1-2 Point L fw (1), point L back (2) 12:00
3&4& Point L to L side (3), step L next to R (&), point R to R side (4), step R next to L (&) 12:00
5-6 Walk fw L (5), walk forward R (6) 12:00
7&8 Kick L fw (7), step L next to R (&) step R fw (8) 12:00

[25-32] Tick tock $\frac{1}{2}$ L, Coaster step, Lock step, Walk around $\frac{1}{2}$ R

&1-2 Swivel L heel $\frac{1}{2}$ L (&), swivel R heel $\frac{1}{2}$ L (1), step L back popping R knee (2) 06:00
3&4 Step R back (3), step L next to R (&), step RL fw (4) 06:00
&5 Lock L behind R (&), step R fw (5) 06:00
6-8 Walk $\frac{1}{2}$ circle R stepping L, R, L (6-7-8) 12:00

[33-40] Ball step ½ R, Ball step swivel, Back touch x3, Swivel

- &1-2 Step R next to L (&), step L fw (1), turn ½ R stepping onto R (2) 06:00
&3&4 Step L next to R (&), place R fw (3), swivel R heel to R (&), swivel R heel back to center (4) 06:00
&5&6 Step R back (&), touch L fw, knee bent (5), step L back (&), touch R fw, knee bent (6) 06:00
&7&8 Step R back (&), touch/place L fw (7), swivel L heel to L (&), swivel L heel back to center (8) 06:00

[41-48] Ball step ½ L, Out out Hip roll, Hip bump, Flick

- &1-2 Step L next to R (&), step R fw (1), turn ½ L stepping onto L (2) 12:00
3-4-5 Step R to R (3), step L to L starting a ccw hip roll (4), finish hip roll ending with weight on R (5) 12:00
6&7 Bump L hip up (6), return hips to center (&), step onto L sitting down on L hip (7) (think C-bump) 12:00
8 Flick R behind L, looking L 12:00

Hope you enjoy
