Live Life Fast

拍数: 32

级数: Easy Improver

编舞者: Sonny V. (DE) - August 2021

音乐: Memory - Kane Brown & blackbear

Intro: 16 counts, start with singing long version of the song (3:12 min.)

*1 Restart at wall 1 // **4-ct. Tag after wall 4

[1-8] Mambo Fwrd., Mambo Back, Mambo Point, Sailor 1/4 Turn Right

- 1&2 RF rock fwrd. recover on LF RF back
- 3&4 LF rock back recover on RF LF fwrd.
- 5&6 RF rock fwrd. recover on LF RF point right
- 7&8 RF behind LF ¼ turn right LF in place (3:00) RF right

[9-16] Hitch Ball Cross, Hitch Ball Cross, Side Rock Recover, Behind Side Cross

- 1&2 LF hitch up L ball in place RF cross over LF
- 3&4 LF hitch up L ball in place RF cross over LF
- 5-6 LF rock left recover on RF
- 7&8 LF behind RF right LF cross over RF

*Restart the dance here in wall 1 ! (3:00). So you start wall 2 here.

(The following directions in the stepsheet belong to an imaginary completed wall 1)

[17-24] Shuffle Fwrd., Shuffle Frwd., Step ½ Turn Left, Fwrd., Step ¼ Turn Right, Cross

- 1&2 RF fwrd. LF next to RF RF fwrd.
- 3&4 LF fwrd. RF next to LF LF fwrd.
- 5&6 RF fwrd. ¹/₂ turn left step on LF (9:00) RF fwrd.
- 7&8 LF fwrd. ¼ turn right step on RF (12:00) LF cross RF

[25-32] Rumba Box, Point, ¼ Turn Right Step Back, Coaster Step

- 1&2 RF right LF next to RF RF fwrd.
- 3&4 LF left RF next to LF LF back
- 5-6 RF point right RF ¹/₄ turn right (3:00)
- 7&8 LF back RF next to LF LF fwrd.

**Tag (4 counts) after Wall 4 (12:00)

Paddle 1/4 Turn Left x4

- 1-2 turn ¼ left and point RF (9:00) turn ¼ left and point RF (6:00)
- 3-4 turn ¼ left and point RF (3:00) turn ¼ left and point RF (12:00)

There also is a short version of the song (2:35 min.) For taking this one you have to change a few things:

* The Restart appears not only in wall 1 but also in wall 4 after 16 cts. Start wall 5 here to 12:00.

** The Tag appears after wall 5 to 3:00 (not wall 4). It is the same tag but the directions change and you come out at 3:00 again and start wall 6 then to 3:00.

Tag for short version of the song (4 counts) after Wall 5 (3:00)

Paddle 1/4 Turn Left x4

- 1-2 turn ¼ left and point RF (12:00) turn ¼ left and point RF (9:00)
- 3-4 turn ¼ left and point RF (6:00) turn ¼ left and point RF (3:00)

Start again and have fun!





墙数:4

Please let me know if you have questions or feedback. Contact: dancing-unicorn@gmx.net

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