

# Soul Food

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Silvia Schill (DE) - August 2021  
音乐: Soul Food - Keith Urban



no restarts, no tags

The dance begins after 48 beats with Every Night That I've Been last update 03.04.2023

## Rock side, shuffle across r + l

1-2            Step right with right - weight back on LF  
3&4           Cross RF far over left - small step left with left and cross RF far over left  
5-6           Step left with left - weight back on RF  
7&8           Cross LF far over right - small step right with right and cross LF far over right

## Side, behind, ¼ turn r/chassé forward, step, pivot ½ r, shuffle forward

1-2            Step right with right - cross LF behind right (bend knees a little)  
3&4           ¼ turn right around and step forward with right - move LF next to right and step forward with right (3 o'clock)  
5-6           Step forward with left - ½ turn right around on both balls, weight at the end right (9 o'clock)  
7&8           Step forward with left - move RF next to left and step forward with left

## Rocking chair, step, pivot ½ l 2x

1-2            Step forward with right - weight back on LF  
3-4            Step back with right - weight back on LF  
5-6            Step forward with right - ½ turn left around on both balls, weight at the end left (3 o'clock)  
7-8            As 5-6 (9 o'clock)

## Jazz box with cross, side, touch/snap r + l

1-2            Cross RF over left - step back with left  
3-4            Step right with right - cross LF over right  
5-6            Step right with right - touch LF next to right/snap  
7-8            Step left with left - touch RF next to left/snap

Repeat to the end

Last Update - 3 April 2023 - R1