

Lost In Time

COPPER KNOB
BYEBOHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Myra Harrold (SCO) - August 2021
音乐: The Way You Said Goodbye - Jack Savoretti : (Album: Europiana)



Intro: 16 Counts

Sect:1 Side,Behind,Side,Cross Rock,Recover,Side,Cross,1/2 Hinge,Cross,Rock,1/4 Recover

1,2&3,4&5 Rf Big Step To R,Lf Behind,Rf To R,Cross Rock Lf Over Rf,Recover Rf,Lf To L,Cross Rf Over Lf (12)

6&7,8& Pivot 1/4 R,Lf Back,Pivot 1/4 R,Rf To R,Cross Lf Over Rf,Rock Rf To R,Pivot 1/4 L ,Lf Fwd (3)

(Restart Here Wall 4 & 9, Adding 1/4 Turn L)

Sect:2 Rock & 1/2,Rock & 1/2,Fwd,1/2,Fwd,1/2, Rock & Draw

1,2&3,4& Rock Rf Fwd,Recover Lf,Pivot 1/2 R,Rf Fwd,Rock Lf Fwd,Recover Rf,Pivot 1/2 L,Lf Fwd (3)

5,6&7& Rf Fwd,Lf Fwd,Pivot 1/2 R,Weight To Rf,Lf Fwd,Pivot 1/2 R,Weight To Rf (3)

8&1 Rock Lf Fwd,Recover Rf,Lf Big Step Back,Draw Rf (3)

Sect:3 Coaster 1/8,Fwd 1/4,Back,Back,Behind,1/8,Side,Cross Rock,Recover,Side Rock,Recover

2&3,4&5 Rf Back,Close Lf To Rf,Turn 1/8 L,Rf Fwd,Lf Fwd,Turn 1/4 L,Rf Back,Lf Back (10.30)

6&7&8& Rf Behind Lf,Turn 1/8 L,Lf To L,Cross Rock Rf Over Lf,Recover Lf,Rock Rf To R,Recover Lf (9) (Restart Here Wall 2 & 6)

Sect:4 Cross Walks,Triple Full Turn,Fwd,1/2,Fwd,1/2 Sweep,Rock,Recover

1,2,3&4 Cross Walks Fwd,R,L,Pivot 1/2 L,Rf Back,Pivot 1/2 L,Lf Fwd,Rf Fwd (9)

5,6,7,8& Lf Fwd,Pivot 1/2 R,Rf Fwd,Pivot 1/2 R,Lf Back,Sweep Rf,Rock Rf Behind Lf,Recover Lf (9)

Restarts:

Wall 2 - Dance To End Of Sect:3 - Restart At 6 O.Clock

Wall 4 - Dance To End Of Sect:1 -Make A 1/4 Turn L To Restart The Dance At 3 O.Clock

Wall 6 - Dance To End Of Sect:3 Restart At 9 O.Clock

Wall 9 - Dance To End Of Sect:1 - Make A 1/4 Turn L To Restart The Dance At 3 O.Clock