

This Bar

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Tim Gauci (AUS) - August 2021
音乐: This Bar - Morgan Wallen



#32 beat into, begin on lyrics, no tags/restarts!

[1-8] WALK, WALK, ¼, CROSS, SIDE, SAILOR STEP, BEHIND, SIDE, CROSS

12&34 Walk fwd R, L, making ¼ return L step R to R side (&), cross L over R, step R to R 9:00
5&67&8 Step L behind R, step R to R (&), step L to L, step R behind L, step L to L (&), cross R over L
9:00

[9-16] SIDE, ¼, ½, ¼, CROSS, ROCK, SIDE, CROSS, SIDE

1234 Step L to L, making ¼ turn R rocking weight fwd onto R, making ½ turn R step L back,
making ¼ turn R step R to R side 9:00
56&78 Cross L over R, rock weight back onto R, step L to L (&), cross R over L, step L to L 9:00

[17-24] SAILOR STEP, BEHIND, SIDE, CROSS, SIDE, TOGETHER, FWD, TAP

1&23&4 Step R behind L, step L to L (&), step R to R, step L behind R, step R to R (&), cross L over R
9:00
5678 Step R to R, step L next to R, step R fwd, tap L toe behind R heel 9:00

[25-32] BACK, LOCK, BACK, ½, ¼, SAILOR STEP, ¼ COASTER STEP

1&234 Step L back, cross R over L (&), step L back, making ½ turn R step R fwd, making ¼ turn R
step L to L 6:00
5&67&8 Step R behind L, step L to L (&), step R to R, making ¼ turn L step L back, step R next to L
(&), step L fwd 3:00

[32] Beats - Repeat dance in new direction

Enjoy
