

Bye Bye Bye

拍数: 32 墙数: 4 级数: Improver
编舞者: Andreas Müller (DE) - August 2021
音乐: Bye Bye Bye - YOUNOTUS & Michael Schulte : (amazon)



Intro: 16 Count / Dance begins on "Monday" - No Tags

#1. Rock/Step, Step ½ Turn R, Full Turn R, Shuffel FwD

1-2 Rock RF forward (1) - recover weight on LF (2) (12:00)
&3-4 RF next LF (&) - LF forward (3) - Turning ½ R, RF step forward (4) (6:00)
5-6 Turning ½ R, LF step back (5) - Turning ½ R, RF step forward (6)
7&8 LF step forward (7) - RF next LF (&) - LF step forward (8)

#2. Kick-Ball-Cross, Side Rock, Cross Side, Cross Side

1&2 RF kick forward (1) - RF next LF (&) - Cross LF over RF (2)
3-4 Rock RF right (3) - recover weight on LF (4)
5-6 Cross RF over LF with knees bent (5) - LF left high on the balls of the feet (6)
7-8 Cross RF over LF with knees bent (7) - LF left high on the balls of the feet (8)

Option: on the chorus as he sings bye bye bye, waving right hand on Count 5-7 (L-F-L) - Round 3,5,8

#3. (Jump) Rock/Cross (with Kick), Coaster-Step, Step ½ Turn R, Chasse L

1-2 Cross RF over LF (1) - recover weight on LF, kick RF forward (2)

Option: Jump RF into cross and jump back on LF with RF kick forward

3&4 RF step back (3) - LF next RF (&) - RF step forward (4)
5-6 LF step forward (5) - Turning ½ R, RF step forward (6) (12:00)
7&8 LF step left (7) - RF next LF (&) - LF step left (8)

#4. Cross Hold, Side-Rock-Cross, Step ½ Turn L, Step ¼ Turn L

1-2 Cross RF over LF (1) - Hold (2)
&3-4 LF step left (&) - recover weight on RF (3) - Cross LF over RF (4)
5-6 RF step forward (5) - Turning ½ left, LF step forward (6) (6:00)
7-8 RF step forward (7) - Turning ¼ left, LF step forward (8) (3:00)

End of Dance (Round 10): on the chorus as he sings bye bye bye, waving right hand on Count 5-7 (L-F-L)

Start again

Aktualisiert: 08.08.2021