

Estrella

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Roosamekto Mamek (INA) - August 2021
音乐: Estrella - Zion & Lennox



Intro: 32 count

S1. CROSS ROCK, RECOVER, BOTA FOGO, VOLTA TURN 5/8 LEFT

1&2& Cross/Rock R over L - Recover on L - Rock R to side - Recover on L (12:00)
3&4 Cross R over L - Rock L to side - Recover on R
5&6& Turn 1/4 left cross L over R (9:00) - Step R to side - Turn 1/8 left cross L over R (7:30) - Step R to side
7&8 Turn 1/8 left cross L over R (6:00) - Step R to side - Turn 1/8 left cross L over R (4:30)

S2. FORWARD, ROCKING CHAIR TURN 3/8 RIGHT, REVERSE ROCKING CHAIR TURN 1/4 RIGHT

1-2& Step R forward - Rock L forward - Recover on R (4:30)
3&4 Turn 1/8 right rock L back (6:00) - Recover on R - Turn 1/8 right rock L forward (7:30)
&5 Recover on R - Turn 1/8 right step L back (9:00)
6&7& Rock R back - Recover on L - Turn 1/8 right rock R forward (10:30) - Recover on L
8& Turn 1/8 right rock R back (12:00) - Recover on L

S3. SIDE MAMBO RIGHT & LEFT, SAMBA WHSIK RIGHT & LEFT

1&2 Rock R to side - Recover on L - Step R together (12:00)
3&4 Rock L to side - Recover on R - Step L together
5 a6 Step R to side - Rock L back - Recover on R
7 a8 Step L to side - Rock R back - Recover on L (12:00)

S4. SIDE, TOUCH, SIDE TURN 1/4 LEFT, TOUCH, SIDE, SAILOR STEP RIGHT & LEFT

1&2& Step R to side - Touch L together - Step L to side - Touch R together (12:00)
3&4 Turn 1/4 left step R to side - Touch L together - Step L to side (9:00)
5&6 Cross R behind L - Step L to side - Step R to side
7&8 Cross L behind R - Step R to side - Step L to side (9:00)

REPEAT

RESTART: On wall 3 & 6 after 16 count.

Ending: On wall 10 after 16 count

For more info about step sheet & song, please contact:
Mamek : Roosamekto.Nugroho@gmail.com