

La Paloma Cha Cha

COPPER KNOB
STEPPERS

拍数: 40 墙数: 2 级数: Beginner
编舞者: Kimmy Tsen (MY) & Phin Sari (INA) - August 2021
音乐: La Paloma Cha Cha - Ramrods



Intro : 24 counts

Wall 1 & Wall 2 - 40 count (5 sections)

The rest of the walls - 32 counts (4 sections)

SEC 1 2 WALKS, FORWARD SHUFFLE, PIVOT 1/2 TURN R, 1/2 TURN R , BACK SHUFFLE

1 - 2 Walk forward R L
3 & 4 Forward shuffle RLR
5 - 6 Step forward on L, pivot 1/2 turn R weight on R (6:00)
7 & 8 1/2 turn R, back shuffle on LRL (12:00)

SEC 2 BACK ROCK, RECOVER, R CHASSE, BACK ROCK, RECOVER, L CHASSE

1 - 2 Rock R behind L, recover on L,
3 & 4 Step R to side, L next to R, R to side
5 - 6 Rock L behind R, recover on R
7 & 8 Step L to side, R next to L, L to side

SEC 3 PADDLE 1/4 TURN L, JAZZ BOX

1 - 4 Paddle 1/4 turn L on 4 counts (9:00)
5 - 6 Cross R over L, step back on L
7 - 8 Step R to side, step L slightly forward

SEC 4 PIVOT 1/4 TURN L, CROSS SHUFFLE, ROCK, RECOVER, CROSS SHUFFLE

1 - 2 Step R forward, pivot 1/4 L (6:00)
3 & 4 Cross shuffle RLR
5 - 6 Rock on L, recover on R
7 & 8 Cross shuffle LRL (from Wall 3 until end of the dance, dance up to here and restart)

SEC 5 (PIVOT 1/2 TURN, HOLD) X 2 (This section is only for Walls 1 & 2)

1 - 4 Step forward on R, pivot 1/2 turn L, step forward on R, hold (12:00)
5 - 8 Step forward on L, pivot 1/2 turn R, step forward on L, hold (6:00)

Happy dancing

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