

Don't Throw It Away Boogie

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Easy Improver
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音乐: Don't Throw It Away - Keb' Mo'



Intro: 16 - Restart: 1

I. Heel Struts Forward X2, Rock Recover, Back Coaster

1-4 Touch R heel forward, drop R toes; touch L heel forward, drop L toes
5-6 Rock R forward, recover to L
7&8 Step R back, step L together, step R forward

II. Toe Struts Back X2, Rock Recover, Shuffle

1-4 Touch L toes back, drop L heel; touch R toes back, drop R heel
5-6 Rock L back, recover to R
7&8 Step L forward, step R together, step L forward

***ENDS HERE AT 12:00 DURING 6TH WALL. POSE.**

III. Step Kick, Back Coaster; ¼ Turn Jazz Box (3:00)

1-2 Step R, kick L forward
3&4 Step L back, step R together, step L forward
5-8 Step R over, step L back, make ¼ right and step R side, step L over

IV. Lindy, ¼ Turn Chase, Clap (9:00)

1&2 Step R side, step L together, step R side
3-4 Rock L back, recover to R
5-8 Step L forward, make ½ turn right and step R, step L, clap hands

***RESTART: DURING 5TH WALL FACING 9:00**

V. Temptations

1-2 Rock R (diagonally forward) to right, recover back to L
3-4 Rock R (diagonally forward) to right, recover back to L, hold
5-6 Rock L (diagonally forward) to left, recover to R
7-8 Rock L (diagonally forward) to left, recover to R, hold

Optional for counts 4 & 8: Clap hands

VI. ¼ Pivot L Turn, ¼ Pivot L Turn, Jazz Box (3:00)

1-2 Step R forward, make ¼ pivot turn left and step L
3-4 Step R forward, make ¼ pivot turn left and step L
5-8 Step R over, step L back, step R side, step L together

REPEAT

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