

One Night Only Cha

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: SoonYoung-Bae (KOR) - August 2021
音乐: One Night Only (Disco Version) - Sharon Leal, Anika Noni Rose & Beyoncé



* Intro : 64c (start on Main Vocal) * No Tag - No Restart

S1[1-8] WEAVE, SIDE ROCK, RECOVER, CROSS SHUFFLE (12:00)

1-4 step LF side, step RF behind LF, step LF side, step RF corss over LF
5 6 Rock LF side, Recover on RF
7&8 step LF cross over RF, step RF side, step LF cross over RF

S2[9-16] MODIFIED WEAVE, FWD ROCK, RECOVER, COASTER(3:00)

1-4 step RF side, step LF behind RF, step RF 1/4 turn R forward, step LF forward (3:00)
5 6 rock RF forward , recover on LF
7&8 step RF back, step LF close RF, step RF forward

S3[17-24] SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE, 1/4 TURN L SIDE, FWD SHUFFLE(12:00)

1 2 rock LF side, recover on RF
3&4 step LF cross over RF, step RF side, step LF cross over RF
5 6 step RF side, step LF 1/4 turn L and side(12:00)
7&8 step RF forward, ball step LF close RF, step RF forward

S4[25-32] FWD-SIDE POINT(L-R), 1/2 SPOT TURN R, 1/4 SPOT TURN R(9:00)

1-4 step LF forward, side point RF to R, step RF forward, side point LF to L
5 6 ball step LF forward, step RF 1/2 turn R and forward(6:00)
7 8 ball step LF forward, step RF 1/4 turn R and side(9:00)

HAVE FUN

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