

Just a Lil Bit (Chair Dance)

COPPERKNOB
BY STEPSHETS

拍数: 32 墙数: 0 级数: Chair Dance
编舞者: Gail A. Dawson (USA) - August 2021
音乐: Lil Bit - Nelly & Florida Georgia Line



Intro: 16 counts - No tags or restarts

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TWIST, RECOVER, TWIST, RECOVER, TWIST, RECOVER, TWIST, RECOVER

1,2 R arm reaches across body to L, recover to starting position
3,4 L arm reaches across body to R, recover to starting position
5,6 R arm reaches across body to L, recover to starting position
7,8 L arm reaches across body to R, recover to starting position

PUNCH FORWARD, PUNCH UP, PUNCH FORWARD, PUNCH UP

1,2 Punch both hands forward, pull both hands back
3,4 Punch both hands up, pull both hands down
5,6 Punch both hands forward, pull both hands back
7,8 Punch both hands up, pull both hands down

HEEL, STEP, STEP, CLAP, HEEL, STEP, STEP, CLAP

1,2 R heel forward, L step in place
3&4 Step R, L, R
5,6 L heel forward, R step in place
7,8 Step L, R, L

POINT FRONT, SIDE, STEP, CLAP, POINT FRONT, SIDE, STEP, CLAP, CLAP

1,2 R foot point forward, R foot point R
3,4 R step beside L, clap
5,6 L foot point forward, L foot point L
7&8 L step beside R, clap (&), clap (8)

Based on Just a Lil Bit Choreographed by Step5678