

The Girl Can't Help It

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Tracy Pywell (AUS) & Renee Currie (AUS) - August 2021
音乐: The Girl Can't Help It - Blake Shelton : (Album: Body Language)



INTRO: 16 Beats (start of Lyrics) ORIGINAL POSITION: Feet together, weight on left foot

SIDE SHUFFLE, BACK, ROCK, HIP, HIP, HIP, ¼ BACK

1&2 Shuffle to R: Step R to right, Step L beside right, Step R to right
3,4 Step L back, Rock forward onto R
5,6 Sway hips to L, Sway hips to R
7,8 Sway hips to L, Turn 90° left step back on R (9.00)

BACK, BACK, L SAILOR, R SAILOR, TOUCH BEHIND, ½ UNWIND

1,2 Step back on L, Step back on R
3&4 Sailor: Step L behind right, Step R to right, Step L to left
5&6 Sailor: Step R behind left, Step L to left, Step R to right
7,8 Touch L behind right, Unwind 180° left taking weight onto L ## (3.00)

R DOROTHY, L DOROTHY, FORWARD, ROCK, FULL TRIPLE TURN

1,2& Step R forward 45° right, Lock L behind right, Step R together
3,4& Step L forward 45° left, Lock R behind left, Step L together
5,6 Step R forward, Rock back onto L
7&8 Turn 360° right triple step: R-L-R (3.00)

FORWARD, ROCK, ½ SHUFFLE FWD, MAMBO FWD, COASTER BACK, HITCH

1,2 Step L forward, Rock back onto R
3&4 Turning 180° L shuffle forward: L, R, L (9.00)
5&6 Mambo: Step R forward, Rock weight back onto L, Step R back
7&8& Coaster: Step L back, Step R together, Step L forward, hitch R

RESTART: ## Wall 3 after 16 counts: restart the dance to (9:00).

OPTIONAL:

For those wanting to jazz it up a bit, there is an optional 1½ turn in the last bracket at Counts 3 & 4 to replace the half turn shuffle.

Please feel free to copy this sheet provided that no changes are made to the original script.

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