

Lil Bit Country

COPPERKNOB
STEPSHEETS

拍数: 80 墙数: 2 级数: Phrased Intermediate
编舞者: Alyssa Smith (USA), Chrissy Poulton (USA) & Kristin Lyn (USA) - August 2021
音乐: Lil Bit - Nelly & Florida Georgia Line



NO TAGS OR RESTARTS!

PHRASING SEQUENCE: A* B A A* B A A A A-16 counts, ENDING

***DENOTES A STEP CHANGE**

PART A:

SIDE ROCK/RECOVER, BEHIND SIDE CROSS, ¼ TURN SIDE ROCK, SYNCHOPATED FULL-TURN, FLICK

1, 2 (1) Rock RF to Right Side, (2) Recover on LF
3&4 (3) Cross RF behind LF, (&) Step LF to LEFT side, (4) Cross RF over LF
5,6 (5) ¼ Turn RIGHT, Rock LF to LEFT Side, (6) Recover on RF (3:00)
7&8 (7) ½ Turn LEFT, stepping LF to LEFT side (9:00), (&) ½ Turn LEFT, Stepping RF TO RIGHT side (3:00), (8) Flick LF behind RF

SIDE STEP, ¼ TURN LOCK STEP-KNEE POP, FORWARD SHUFFLE, ¼ TURN SYNCHOPATED SIDE ROCK/RECOVER

&1,2 (&) Quick Side Step LF to LEFT side (3:00), (1) ¼ Turn RIGHT, Step RF forward, (2) Slide and Lock LF behind RF, Popping R knee
3&4 (3) Step RF forward, (&) Step LF next to RF, (4) Step RF forward
5,6& (5) ¼ Turn RIGHT, Step LF to LEFT side (9:00), (6) Recover on RF, (&) Quick Step LF next to RF
7,8 (7) Rock RF to RIGHT Side, (8) Recover on LF (9:00)+

+Dance ends here on final rotation; Do a RIGHT ¼ TURN SAILOR, end facing 12:00

+(1) Cross RF behind LF, (&) Step LF to LEFT side, (2) ¼ Turn RIGHT, Step RF forward (12:00)

CROSS SIDE BEHIND SIDE ¼ TURN, FORWARD ROCK/RECOVER, FULL TURN TRIPLE

1,2 (1) Cross RF over LF (2) Step LF to LEFT side
3&4 (3) Cross RF behind LF (&) ¼ Turn LEFT, Stepping LF Forward (4) Step RF Forward (6:00)
5,6 (5) Step LF Forward (6) Recover back on RF
7&8 (7) ½ Turn LEFT, Stepping LF in place (12:00) (&) ½ Turn LEFT, Stepping RF in place (6:00), (8) Close LF next to RF

STEP TOUCH w/ HIP ROLL 2X, 1/2 TURN ALTERNATING KNEE POPS X4

1,2 (1) Step RF to RIGHT side Rolling Hips to the RIGHT, (2) Touch LF next to RF
3,4 (3) Step LF to LEFT side Rolling Hips to the LEFT, (4) Touch RF next to LF
5, 6 (5) ¼ Turn LEFT, Step RF Forward, Pop L Knee next to R, (3:00) (6) Step LF Forward, Pop R Knee next to L
7, 8 (7) ¼ Turn LEFT, Step RF Forward, Pop L knee next to R, (12:00) (8) Step LF Forward, Pop R Knee next to L

½ TURN PIVOT-HOP-HITCH, COASTER STEP, STEP-CLAP, STEP-CLAP-CLAP

1&2 (1) Step RF Forward (2) ½ Turn Pivot-Hop on RF and Raise/Hitch L leg (6:00) weight on RF
3&4 (3) Step LF Back, (&) Step RF next to LF (4) Step LF Forward
5, 6 (5) Step RF to RIGHT Side, (6) Clap
7&8 (7) Step LF to LEFT Side, (&) Clap, (8) Clap

NIGHTCLUB SLIDE, SAILOR STEP, CROSS FULL-TURN UNWIND, STOMP, STOMP, SCUFF HITCH-OUT*

1,2 (1) Big Side Step to RIGHT side with RF (2) Slide LF Diagonally behind RF; Keep weight on RF

- 3&4 (3) Cross LF behind RF (&) Step RF to RIGHT side (4) Step LF to LEFT side
 5, 6 (5) Cross RF over LF (9:00) (6) Full Turn Counter-Clockwise with weight shifting from RF to LF (6:00)
 7&8 * (7) Stomp RF in place, (&) Stomp LF in place, (8) Scuff R heel forward, (&) Bring R knee/leg up to a Hitch and swing out to RIGHT Side, [to PART A -(1) Rock RF out to RIGHT Side...]

***STEP CHANGE ON FINAL COUNT 8 OF PART A TO PART B**

(7) Stomp RF in place, (&) Stomp LF in place, (8) Stomp RF in place (Weight on RF)

PART B: Starts on: "I know we just met..."

KICK BALL SIT, HOLD, OUT-OUT, IN-CROSS, HOLD, ¼ TURN BALL CHANGE, HOLD

- 1&2,3 (1) Kick LF forward, (&) Step LF next to RF, (2) Step back RF, bend knees and "sit", (3) HOLD
 &4&5,6 (&) Step LF out, (4) Step RF out, (&) Step LF in, (5) Cross RF over LF, (6) HOLD
 &7,8 (&) ¼ Turn LEFT, Step ball of LF forward (3:00), (7) Step back on RF, (8) HOLD

BALL STEP PUSH-BACK, BODY ROLL, BALL STEP PUSH-BACK, BODY ROLL, OUT-OUT, IN-CROSS, ½ TURN UNWIND

- &1,2 (&) Step ball of LF in place and push off (1) Step back RF, (2) Body Roll
 &3,4 (&) Step ball of LF in place and push off (3) Step back RF, (4) Body Roll
 &5&6 (&) Step LF out, (5) Step RF out, (&) Step LF in, (6) Cross RF over LF
 7,8 (7, 8) ½ TURN CCW-unwind, Keep weight on LF (9:00)

HEEL & TOE SWITCHES WITH HOLDS, AND-STEP BACK DRAG, HOLD/ (OPTIONAL SNAP)

- 1,2 (1) Touch L heel forward on LEFT diagonal, (2) HOLD
 &3&4 (&) Step LF in place, (3) Touch R Toe back on RIGHT diagonal, (&) Step RF in place, (4) Touch L Toe back on LEFT diagonal
 &5,6 (&) Step LF in place, (5) Touch R heel forward on RIGHT diagonal, (6) HOLD
 &7,8 (&) Step RF in place, (7) Step back on LF and Drag R heel towards LF on diagonal, (8) SNAP(Optional)/HOLD, weight on RF

FORWARD BALL STEP SLIDE, HOLD/ (OPTIONAL SNAP & SLAP), NIGHTCLUB SLIDE, SAILOR STEP, CROSS, ¾ UNWIND

- &1&2 (&) Step RF in place, (1) Big Step LF Forward, (2) Slide RF Upwards next to LF, SNAP (2) SLAP Thighs(Optional)/HOLD, Keep weight on LF
 3,4 (3) Big Step RF to RIGHT side, (4) Slide LF Diagonally behind RF, Keep weight on RF
 5&6 (&) Step LF diagonally behind RF, (5) Step RF to RIGHT side, (6) Step LF to LEFT side
 7,8 (7) Cross RF over LF, (8) ¾ CCW-unwind with weight shifting from RF to LF (12:00) to PART A

Last Update – 14 Oct. 2022
