

# Sent From Above

**COPPER** **KNOB**  
BY STEPHENETS

拍数: 32                      墙数: 4                      级数: Improver WCS  
编舞者: Martine Canonne (FR) & Martine Nageotte (FR) - August 2021  
音乐: Sent From Above - Dolly Parton : (iTunes - Single)



**Start : 16 counts**

**[1 - 8] WALKS R & L, SAILOR ¼ w/SKATE R, SKATE L, SKATE TURN ¼ R, MAMBO**

- 1 - 2                      Step RF fwd, step LF fwd (open your body diagonally right)  
3 & 4                      Cross RF behind LF, turn ¼ right stepping LF to left side, skate RF diagonally right fwd (03:00)  
5 - 6                      Skate LF diagonally left fwd, turn ¼ right with skate RF fwd (06:00)  
7 & 8                      Step LF fwd, recover onto RF, step LF next to RF and pushing your hips back (weight onto LF)

**[9 - 16] WALKS R & L, ANCHOR STEP, BACKS L & R, COASTER STEP**

- 1 - 2                      Step RF fwd, step LF fwd  
3 & 4                      Cross RF behind LF (3rd position), recover onto LF, step RF back  
5 - 6                      Step LF back, step RF back  
7 & 8                      Step ball LF back, step ball RF next to LF, step LF fwd

**\*\*\* RESTART here wall 4 face 09:00 \*\*\*\***

**[17 - 24] [SIDE ROCK, CROSS & CROSS] R & L**

- 1 - 2                      Step RF to right side, recover onto LF  
2 & 3                      Cross RF over LF, step LF to left side, cross RF over LF  
5 - 6                      Step LF to left side, recover onto RF  
7 & 8                      Cross LF over RF, step RF to right side, cross LF over RF

**[25 - 32] POINT R & L &, POINT R-TOUCH-BACK R w/ DRAG HEEL L, COASTER STEP, STEP- TURN 3/4-POINT**

- 1 &                      Touch point RF to right side, step RF next to LF  
2 &                      Toucher point LF to left side, step LF next to RF  
3 & 4                      Touch point RF to right side, touch RF next to LF, make a big step RF back and drag heel LF  
5 & 6                      Step ball LF back, step ball RF next to LF, step LF fwd  
7 & 8                      Step RF fwd, weight onto LF : make ¾ turn left, touch point RF to right side (09:00)

**FINAL : finish your dance after count 1 face 12:00**

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