

Sailing

COPPERKNOB
STEPPERS

拍数: 32 墙数: 4 级数: Easy Intermediate
编舞者: Lu Olsen (AUS) - July 2021
音乐: Sailing - Rod Stewart : (iTunes)



Start on Vocals on word 'Sailing'

[1-8] Side, Behind, Side, Cross, Side, Recover, Cross, Side, Behind, Side, Cross, Side, ¼ Fwd, Fwd

1, 2 & Step R to Right/drag L, Step L behind R, Step R to Right, 12.00
3 & 4 & Cross L over R, Step R to Right, Recover onto L, Cross R over L
5, 6 & Step L to Left/drag R, Step R behind L, Step L to Left,
7 & 8 & Cross R over L, Step L to Left, ¼ Right turn & step R fwd, Step L fwd 3.00

[9-16] Sweep fwd, Sweep fwd, Fwd Coaster, Tog, Fwd, ½ pivot, Full R turn fwd

1, 2, Sweep/step R fwd, Sweep/step L fwd 3.00
3 & 4 & Step R fwd, Step L beside R, Step R back, Step L beside R
5, 6 Step R fwd, Slow ½ Left pivot turn (wght on L) 9.00
7 & 8 & Full Right turn fwd stepping R,L,R,L 9.00

[17-24] Fwd, Recover, ¼ Fwd, Fwd, Recover, ½ fwd, Fwd, ¼ Side, Cross, Side, Behind, Behind, Side

1, 2 & ** Step R fwd, Recover onto L, ¼ Right turn & step R fwd ** 12.00
3, 4 & Step L fwd, Recover onto R, ½ Left turn & step L fwd 6.00
5 & 6 & Step R fwd, ¼ Left turn(wght on L), Cross R over L, Step L to Left, 3.00
7, 8 & Step R behind L/sweep L, Step L behind R, Step R to Right 3.00

[25 - 32] Cross, ½ turn/side, Cross, ½ turn/side, Tog, Side, Side, Behind, Side, Fwd, Fwd

1 & 2 Cross L over R, ¼ left turn & step R back, ¼ left turn & step L to Left 9.00
3 & 4 Cross R over L, ¼ Right turn & step L back, ¼ Right turn & step R to Right 3.00
& 5, 6 Step L beside R, Rock R to Right, Rock L to Left, 3.00
7 & 8 & Sweep/step R behind L, Step L to left, Step R fwd, Step L fwd, 3.00

Tag: At end of Wall 4 (12.00) add 2 counts:

1, 2, Step/sway Right , Sway Left

Last wall dance to count 18& ** to finish to 12.00 add 3, 4 Step L fwd, Drag R to LF

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