

# Shape of My Heart

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Improver  
编舞者: Andrico Yusran (INA) - August 2021  
音乐: Shape of My Heart - Backstreet Boys



**\*\*Tags : -**

**\*4 counts after wall 3**

**\*8 counts after wall 7**

**\*Start dance after Intro 16 counts\***

## **S1# \*FORWARD ROCK - SAILOR STEP - TRIPPLE CROSS ROCK - TRIPLE 1/4 TURN\***

1-2            Step R forward - L recover  
3&4            R cross behind L - L side , R to side  
5&6            L cross over R , R recover , L to side  
7&8            R forward 1/4 turn to L , L in place , R forward ( 9.00 )

## **S2# \*PIVOT 1/2 TURN - LOCK SHUFFLE FORWARD - KICK BALL SIDE TOUCH 1/4 TURN - CROSS - FLICK\***

1-2            Step L forward 1/2 turn to R , R in place  
3&4            L forward , R lock behind L , L forward  
5&6            R kick forward , R tap ball in place 1/4 turn to R , L side touch point ( 6.00 )  
7-8            L cross over R , R bend heel up ( weight on L )

## **S3# \*LOCK SHUFFLE DIAGONAL - FORWARD ROCK - BACK LOCK SHUFFLE - BODY PUSH ( R-L )\***

1&2            Step R forward diagonal to L ( 4.30 ) - L lock behind R - R forward ( 4.30 )  
3-4            L forward - R recover  
5&6            L cross behind R diagonal to L , R back , L back ( 4.30 )  
7-8            R push back weight to R - Push Weight on L ( facing 7.30 )

## **S4# \*FORWARD ( sweep ) - DIAMONDS 1/4 - PIVOT 1/2 - FORWARD\***

1            Step R forward with L sweep forward ( 6.00 )  
2&3            L cross over R , R side - L back diagonal to L with R knee up (5.30)  
4&5            R back , L 1/4 turn to L ( 3.00 ) , R forward  
6-8            L forward 1/2 turn to R , R in place , L forward

### **\*TAG 4 COUNTS\***

#### **\*ROCK SYNCOPATED\***

1&2&            Step R forward , L recover , R side , L recover  
3-4            R back , L recover

### **\*TAG 8 COUNTS\***

#### **\*ROCK SYNCOPATED - MAMBO FORWARD - SIDE TOUCH - FORWARD**

1&2&            Step R forward , L recover , R side , L recover  
3-4            R back , L recover  
5&6            R forward , L in place , R back  
7-8            L side touch point , L forward

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